

July 2026

The Westerly

FREE monthly community magazine
for Massey to Hobsonville Point

- 
- WIN Pak'nSave GIFT CARDS- look inside
 - Home & garden
 - Health & beauty
 - Property market report

**Waitemata Endoscopy
For your peace of mind**



Greetings

Winter! Cold nights, biting winds, dark journeys to and from work. The temptation to return home and snuggle down on the couch with a book or a screen. Developments in our community are happening to encourage families to venture beyond their front doors to enjoy the increasing number of available resources.

The (portable) Pump Track is being added to our new sports area Te Kori Scott Point. This bicycle track was very popular in its previous location in Whenuapai, and is being assembled near the parking area close to the baseball diamond.

Work has begun on the link road between the end of Joshua Carder and Squadron roads, although it will be limited to "light" vehicles it will provide an alternative route from Scott Point to State Highway 18. There have been many comments over the past years about access and safety concerns for residents of Scott Point only having one route to and from their residential area, and this road will be welcomed by the community.

Cyclists using the bicycle routes opening along Hobsonville Road now have protection from traffic with the installation of new concrete barriers, with main routes and bike pathways connecting most of our residential areas. Already the number of commuting cyclists is growing.

The CPNZ, community patrol, continues to give a valuable voluntary service to our community. They provide regular patrols to numerous areas with the ability to quickly report to NZ police any suspicious activities. We have a growing number of facilities, building sites, storage areas, schools and community centres within our immediate vicinity, and these patrols vary their routes to cover as many of these locations as possible.

This month The Westerly covers a wide variety of community topics, from local transport, funding for community organisations, social enterprise supporting music for young people, and the valuable updates on real estate.

Snuggle down on a chilly evening with your copy of The Westerly.

John. Editor.



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THEWESTERLY.CO.NZ

People & Places

Young, healthy and still at risk:



Busting the myths around bowel cancer

June was Bowel Cancer Awareness Month in New Zealand, a reminder to recognise bowel symptoms early and act when

something changes.

Bowel cancer is often thought of as a disease of older people, but that perception is out of date. In New Zealand,

it is now the leading cause of cancer death in people under 50. More than 3,000 New Zealanders are diagnosed each year, including more than 350 people under 50.

Myth: "I'm too young to worry about bowel cancer."

Fact: Bowel cancer can affect adults at any age. While risk increases as we get older, younger people are not immune. Many young patients are fit, active and otherwise well, so symptoms can be dismissed or attributed to less serious causes.

Myth: "If it was serious, I would feel very unwell."

Fact: Bowel cancer can develop silently. Symptoms may be mild, intermittent or easy to explain away. Warning signs include a persistent change in bowel habit, bleeding from the bottom, abdominal pain, fatigue, iron deficiency anaemia or unexplained weight loss.

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Talk to your GP about a referral to the Waitemata Endoscopy Group, or you can self-refer at:

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Dr Marius Van Rijnsoever
Gastroenterologist and Endoscopist

Myth: "It's probably nothing, it will go away."

Fact: Delays in seeking help are common, especially when symptoms feel embarrassing. The earlier bowel cancer is found, the more treatable it is. Colonoscopy can also prevent some cancers by finding and removing pre-cancerous polyps.

Bowel cancer is not just an older person's disease. Know what is normal for your body and act when something changes. If bowel symptoms persist, please see your GP. If concerns have not been heard, seek a second opinion.

You can self-refer for colonoscopy at Waitemata Endoscopy. Most procedures can be scheduled within seven working days of referral, subject to clinical suitability and availability.

Dr Marius Van Rijnsoever

Gastroenterologist and Endoscopist

Waitematā Endoscopy

Front cover image- Some of the Waitemata Endoscopy team inside "Colin the inflatable Colon" showing polyps and colon cancer, on loan from Bowel Cancer NZ. From L to R, front row: Mikaela, Sihaam, Jhoanna. Back row: Sean, Kenneth, Lorenz, and Alvem."

Hobsonville Podiatrist



Want to start running but don't know where to start?

Running is something that feels simple; shoes on, out the door, job done. But if you're just getting into it, or looking

to challenge yourself with an event, your feet deserve a little attention before you start clocking up kilometres.

Shoes: your running BFF. Think of running shoes like tyres on a car. The right ones make the ride smooth; the wrong ones make everything feel harder than it needs to be. You want a pair that feels comfortable straight away, isn't too tight or too roomy, and gives you about a thumb's width of space between your longest toe and the front of the shoe. If you're unsure, a podiatrist or a running shoe store can help you find the right fit.

Start easy, stay consistent. You don't need to sprint

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hobsonvillepodiatry.co.nz



Level 1, 124 Hobsonville Rd, Hobsonville, Auckland 0618

out the gate. Start with run-walk intervals and let your body get used to the new movements & load. Your feet, tendons, and bones adapt slowly, so building up gradually is the best way to avoid common issues like shin splints, heel pain or Achilles issues.

Pay attention to your body, a bit of tiredness is normal. Sharp, persistent, or one-sided pain is not. If something feels "off," especially in your joints, heels, arches, or shins, it's worth getting checked early. Small tweaks early on can save you weeks of frustration later.

Keep it light & fun. Running doesn't have to be serious. It can be a chance to clear your head, explore your neighbourhood, or enjoy a bit of fresh air before the day gets busy.

Our podiatrists can help you with running tips, footwear advice & strengthening and conditioning exercises to help you feel your best when running. Hobsonville Podiatry - Level 1, 124 Hobsonville Road, Hobsonville. 09 3904184

Understanding vestibular physiotherapy



Feeling dizzy, unsteady, or "off balance" can be incredibly disruptive, and it is far more common than most people realise. The vestibular system, located deep within the inner ear, helps you stay upright, orient yourself in space, and move with confidence. When this system becomes irritated

or impaired, symptoms like vertigo, spinning sensations, nausea, blurred vision, or a sense of floating can appear suddenly and linger longer than expected.

Vestibular physiotherapy is a specialised area of physiotherapy designed to retrain the brain and inner ear to work together more effectively. Through targeted exercises, gentle head and eye movements, balance retraining, and tailored strategies, vestibular physios help reduce dizziness, improve stability, and restore ease in everyday movement. It's evidence-based, highly



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individualised, and often life-changing for people who have been struggling in silence.

Common conditions treated include BPPV (Benign Paroxysmal Positional Vertigo), vestibular neuritis, labyrinthitis, post-concussion dizziness, and general balance disorders. Treatment may involve repositioning techniques, gaze-stabilisation exercises, and gradual exposure to movements that currently trigger symptoms, all delivered at a pace that feels safe and manageable.

At Hobsonville Physiotherapy, we're fortunate to have Sheldon Redman, a specialist Vestibular Physiotherapist with decades of clinical experience. Sheldon helps patients rebuild confidence step by step. His expertise ensures each treatment plan is precise, supportive, and grounded in best practice.

If dizziness or unsteadiness is affecting your daily life, you don't have to wait it out. Vestibular physiotherapy offers clear, effective pathways back to steady, confident movement and Sheldon can guide you through every stage of recovery.

To book in with Sheldon you can head to our website at www.hobsonvillephysio.co.nz or send an email to physio@hobsonvillephysio.co.nz or call call 09 416 4455

Need a pathology test?



Just a reminder of the local Awanui laboratory collection points in the area.

Massey Collection Centre is at WEGA - Westgate Drive Centre, 20 Westgate Drive, Massey 0614. Open Hours are Weekdays; 07:00 - 16:00hrs and Saturdays; 08:00 - 12:00hrs. Closed all

public holidays. Phone 09 574 7399

Hobsonville (pop-up) Collection Centre is at Level 1 (in the B2B Ultrasound clinic), 124 Hobsonville Road, Hobsonville 0618. Open Hours are Monday-Friday: 0700 - 1530hrs (closed from 1130 - 1200hrs), Closed all public holidays. Phone 09 574 7399. Note that some samples cannot be collected here. Check online.

Kumeu Collection Centre is at 321a Main Road, Huapai 0810. Open Hours Monday-Friday: 07:00-14:45 hrs Closed all public holidays Phone 09 574 7399

Henderson Collection Centre is at 10 Woodford Avenue, Henderson 0610. Open Hours Monday-Friday; 07:00 - 17:45hrs Saturdays; 8:00 - 12:00hrs Public holidays: see link on homepage. Phone 09 574 7399

For full details visit awanuilabs.co.nz . Also on Facebook Awanui Labs - Auckland.

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How to Prepare Your Lawn for Winter, with Stihl Shop Westgate

Your lawn is already naturally equipped to get through the cold season. However, with a proper lawn care routine, you can avoid being caught off guard by major or minor damage once spring comes around again.

1. REMOVE AUTUMN LEAF LITTER

The most important thing to do is properly clear your lawn before winter sets in. Remove leaf litter and fallen debris as this allows oxygen to circulate and prevents the cold-season mould and fungus that can develop in damp conditions, making it less vulnerable to pests and disease.

While this can be done manually with a rake, you can also do this task in half the time by using your lawn mower to help you. Remove any larger twigs beforehand, and make sure you've got your catcher on. Set your mowing height nice and high, and remember, it's easiest to mow leaves when they are not too thick on the ground and also when they are dry. Best not to do this after a week of rainfall!

Leaf litter that's covering your garden beds is actually fine where it is, provided it's not too dense. A thin layer will actually protect against frost, and will also provide a habitat for small garden creatures.

2. FEEDING AND REJUVENTATING

Feeding is an essential part of lawn care, and fertilisation in late autumn will give your lawn a dose of nutrients that will help it to survive the cooler weather. Opt for special fertilisers that will prepare your lawn for the low temperatures, frost, and moist air that come with the coldest months. Potassium is an important part of the fertiliser mix, as it helps your lawn to resist frost and disease and also has a beneficial effect on the metabolism of the grass.

3. MOWING HEIGHT MATTERS

Don't cut your lawn lower than around 5 cm. This will stimulate growth which is important before the cooler weather settles in and the rate at which your grass growth will slow.

4. THE LAST CUT OF THE SEASON



Your last cut before winter should be a low one, as this will reduce the risk of fungus taking hold. We recommend that you use your catcher for this mow, as leaving the grass cuttings on the ground may smother the surface of your lawn. Make sure you do this before the morning frost arrives, and on a dry day.

5. CARE FOR YOUR LAWN MOWER, TOO

Another way to care for your lawn is to care for your lawn mower! Remember to give it a good clean after each use, as built up grass clippings can become stuck and difficult to remove. Inspect your blades too – sharp mower blades are vital to a healthy lawn.

Winter is an ideal time to have your mower serviced at STIHL SHOP Westgate. While your lawn rests, our team can ensure your mower is in top working order and blades sharpened, ready for spring.

Tired of paying someone else's mortgage?

Did you know that the rent you are currently paying can actually go towards making up your future mortgage repayments?

For example, if you're paying \$750 per week, that equates to nearly \$40,000 per year in rental payments.

But it doesn't stop there.

Not only do you take the rent that you are currently paying into account, but also the savings you have been making towards that house deposit.

So if you were saving another \$300 per week on top of that \$750 in rent, you have \$1,050 per week to cover a mortgage repayment.

If you took that \$1,050 per week and looked at what the equivalent would be in mortgage repayments, it would cover a mortgage of around \$700,000. You can have a go yourself on any of the banks online mortgage repayment calculators.

From here you can add your deposit to that figure (take into account your savings, KiwiSaver and any gifts from family) and there you have a possible purchase price for

your own home.

Now bear in mind this is very basic maths.

This is where teaming up with a Mortgage Adviser will help you work out what your actual borrowing capacity is.

A Mortgage Adviser knows how each lender assesses a loan application, which can help you to get the loan you need.

If you don't think that you could service a mortgage on your own, I can introduce you to other ways to get on to the property ladder.

For instance, if you have friends or family that are renting as well, you could consider a Co-Ownership home loan (ask me how).

The mortgage payment is not going to be your only expense. You'll be responsible for council and water rates, house insurance and maintenance on the property.

So if you're ready to make the leap, or know someone that could benefit from this advice, feel free to get in touch. Call Stephen Massey – Loan Market 021 711 444 or check out my website loanmarket.co.nz/stephen-massey

Book Week at Scott Point School

Book Week was once again a wonderful celebration of reading, imagination, and the joy of discovering new authors and stories. Events such as Book Week play an important role in fostering a lifelong love of reading, inspiring curiosity, creativity, and a deeper appreciation of literature among our students.

The highlight of the week was undoubtedly the Book



Character Parade, which was bigger and better than ever. The outstanding costumes on display reflected the incredible creativity, imagination, and effort of our students and their families. It was wonderful to see such a high level of participation

across the school, with students proudly bringing their favourite book characters to life.

The parade was made even more special by the large number of parents, grandparents, and family members who joined us to watch and enjoy the event. Their presence created a wonderful atmosphere of celebration and community, demonstrating the strong partnership between home and school in supporting our children's learning and love of reading.

Discoverers informal church

Discoverers members enjoyed a memorable midwinter dinner on 21 June.

July is a busy month. We have online discussions regarding Matariki and then Jesus' Parables each Tuesday 7-8 pm.

We're going to meet fortnightly: Sunday 12 July will be our first all age service at 3.30pm in the Bell Room at the Headquarters building at Hobsonville Point. Instead of a sermon we'll have a mix of hands-on activities, art and video around the theme of Matariki – a time of reflection and remembrance. A range of reflection and hands-on activities will be fun for ages, along with delicious refreshments.

Our regular Sunday meetings continue in the Baffin lounge at 3:30 on Sunday 26th July.

We offer a safe and friendly space for all community members to discover and discuss faith for today.

Hope you can join us!

Discoverers informal church meets on the 2nd and 4th Sunday each month at the Headquarters, 214 Buckley Terrace Hobsonville Point from 3-30pm to

4-30pm. All are welcome! For further details please contact Rev. Richard Small.

Email richard.sm@methodist.org.nz or phone 021 385-748.



Kopupaka Playground

As the school holidays approach, what better way to keep the kids entertained than a trip to the local playground? Even if the weather is a little wet, pop on a jacket and gumboots and let them experience some winter fun outdoors.

As you arrive, you'll find a well-equipped fitness area featuring monkey bars, magnetic bells and a dip bench, making it perfect for older children and adults too.

The flying fox is always a favourite, while the climbing tower and twisty tunnel slide inspire endless adventures. The playground's towers and rubber mounds were designed to reflect the area's local strawberry farming history, adding a unique touch to the play space.

The artificial rubber landscape, including mounds and scattered balls, is ideal for imaginative games such as "The Floor is Lava". There are also swings, including a basket swing, trampolines, in-ground mini trampolines and seesaws to keep children active and entertained.

The sand and water play areas are another highlight and are sure to be enjoyed by kids of all ages. Below the main playground, you'll find a smaller nature play area featuring a slide and a mini obstacle course with balance beams.

Families can make a day of it with the generous picnic area and benches located throughout the reserve. Beyond the playground itself, paths wind around the reserve, making it a great spot for scooters, bikes or a leisurely family walk.

We think this playground is perfectly suited to children of all ages, with plenty on offer for everyone to enjoy.

Kopupaka Playground is located at 1 Barbour Road in Westgate, Auckland. You can access the playground from Kokano Road or Maki Street.



Raine & Horne.

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Kia ora, from Anna Atkinson

Chair of the Upper Harbour Local Board

There's welcome progress for Scott Point residents, with Auckland Transport moving to ease access challenges. By the time you read this, a temporary connection between Joshua Carder Drive and Squadron Drive should be open. While it will operate with a 30km/h speed limit and some constraints, it is an essential step forward.

Once this link and the alternative route via Pipeworks Drive are available, repairs to Scott Road can begin. This will address potholes and improve sections of the shared path, including those outside the church and Ryman. There will be increased roadworks, along with the upgrade of the Te Kori frontage along Clark Road (partially funded by the Local Board), but residents will at least have two routes in and out.

The Local Board has been advocating for this connection for nearly a year, so it is encouraging to see progress. It is a temporary measure and will close when development begins, but Scott Road should be complete by then.

Auckland Transport has also responded to concerns on Tahingamanu Road, reshaping several speed humps and removing one.

On funding, I remain cautiously optimistic that our operating budget shortfall can largely be addressed, although final decisions are due at the end of June. This will allow us to continue supporting our community, partners such as the Connected Neighbourhood Trust, and local volunteers.

We are also progressing planning for Te Kori, alongside improvements to walkways and open spaces in Whenuapai.

Later this year, please look out for consultations on the Whenuapai Structure Plan, The Whenuapai Sport park masterplans, and Auckland Council's Long-Term Plan.

Our business meetings are held on the fourth Thursday of each month and are open to the public.

Ngā mihi nui, Anna Atkinson - Chair, Upper Harbour Local Board

Aria Brydone
Property Manager



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Safer Community

The five-minute plan that could save your family's life



Most of us have insurance for our homes. We lock our doors at night. We make sure the smoke alarms are working. But here's a sobering question: if an emergency happened tonight, would everyone in your household know exactly what to do?

According to fire safety experts, in a house fire you may have as little as two to five minutes to escape safely. That's not much time to think, make decisions, or search for loved ones. In an emergency, panic can quickly replace logic, turning precious seconds into dangerous delays.

That's why having a simple household escape plan is one of the most important things you can do for your family.

Why planning ahead matters

When faced with a crisis, people rarely perform at their best. Stress, fear, and confusion can make even familiar surroundings feel unfamiliar. Smoke can reduce visibility to almost nothing, while noise and adrenaline make communication difficult. A well-practised escape plan removes uncertainty. Instead of wondering what to do, everyone already knows.

The best plans include at least two ways out of every room in case a primary exit becomes blocked. They also identify who may need extra assistance, whether that's young children, elderly relatives, family members with mobility challenges, or even beloved pets.

Just as important is having a designated meeting place outside the home. It could be a letterbox, a neighbour's fence, or a tree across the road. What matters is that everyone knows where to gather.

A safe meeting place allows family members to quickly account for one another and gives emergency services accurate information if someone is still inside.

More than just fire safety

An emergency plan isn't only for fires. Storms,

floods, earthquakes, power outages, and other unexpected events can all disrupt daily life. A household emergency plan helps families think ahead about what they would do if essential services were unavailable or if they needed to leave home quickly. Consider your family's unique situation:

- Who may need assistance during an emergency?
- What supplies would you need if you were without power or water?
- How would you communicate if family members were in different locations?
- What arrangements would you make for pets?

Experts recommend that your home emergency plan also aligns with plans at work, school, childcare centres, and other places where family members spend significant time.

The fridge test

One of the simplest ways to improve your family's preparedness is to write your plan down.

Complete your emergency plan, print it out, and place it somewhere visible—many families choose the fridge. Review it regularly and make sure everyone understands their role.

A plan that sits in a drawer won't help in an emergency. A plan that is discussed, practised, and understood could make all the difference.

Be an escape plan hero

Creating an escape plan takes less than an hour, but it could save a lifetime of heartache.

The reality is that emergencies rarely arrive with a warning. The families who cope best are often the ones who have spent a little time preparing before disaster strikes.

As Chief Fire Officer of Waitākere Fire Brigade, Graham McIntyre has seen firsthand how preparation can save lives. His message is simple: don't wait until an emergency happens to start thinking about what you would do. Be an Escape Plan Hero. Sit down with your family, map your escape routes, choose a safe meeting place, and make sure everyone knows the plan.

It may be one of the most important conversations you ever have.

For more information about household escape plans, safe meeting places, and emergency preparedness, contact Graham McIntyre, Chief Fire Officer, Waitākere Fire Brigade, on 027 632 0421.



Community News

House of Travel Hobsonville - winter's charm



There's something about winter that naturally turns our minds toward travel. Perhaps it's the shorter days, the craving for warmth, or simply the comfort of dreaming about somewhere different while we're splattered by rain and cold days. Of course, being in the Southern Hemisphere means our seasons are the complete opposite to much of the

world. While we're layering up in coats and reaching for heaters, Europe and Japan for instance are currently enjoying long summer evenings, buzzing piazzas and sun-drenched streets. But maybe winter is also the perfect time to think about winter itself. We're thinking about Münchner Christkindlmarkt at Marienplatz, set against the illuminated neo-Gothic Town Hall which is one of Europe's great winter experiences. (And for those already dreaming ahead, Munich's Christmas Markets run from 20 November to 24 December this year.) Or perhaps it's crossing Switzerland aboard the Glacier Express to St Moritz before continuing into Italy on the spectacular Bernina Express, all while surrounded by snow-covered alpine scenery. Japan carries its own quiet magic in winter too, from steaming onsens to powdery slopes in Hokkaido and bowls of ramen that somehow taste even better in the cold. The irony is that while Europe and Japan are currently enjoying their warmest months, now is often when travellers quietly begin planning for their winter experiences. Winter travel doesn't always have to be about escaping the season. Sometimes it's about leaning into it somewhere entirely different! So where does winter take you?

Buzz & the team at House of Travel Hobsonville, House of Travel Hobsonville 225 Hobsonville Point Road hobsonville@hotmail.co.nz | 09 416 0700 Cruise Centre: 144 Hobsonville Point Road | 09 941 3330

111 Vet Clinic Winter Health Promo – with a twist

Stronger Together is the theme behind a new winter health promotion from 111 Vet Clinic and Kumeu Gym, bringing two local 24/7 businesses together with one shared goal: helping Kumeu residents, pets, and families stay stronger and healthier.

Winter is often the season when small health changes become more noticeable. Dogs may become slower on walks, reluctant to jump, stiff after rest, or less playful than usual. Cats may hide discomfort even more subtly, with changes in appetite, grooming, weight, toileting habits, or behaviour. A winter check-up is a valuable opportunity to detect early signs of arthritis, dental disease, weight changes, skin issues, lumps and bumps, or underlying health concerns.

Blood testing can also be a useful part of a health check, especially for senior pets, pets on long-term medication, or animals who simply seem "not quite themselves." Finding problems early often gives owners more options and helps pets stay comfortable for longer.

During June and July, clients who spend \$250 or more in one visit at 111 Vet Clinic can go in the draw to win one of two 12-month memberships at Kumeu Gym. Multiple qualifying visits can each receive an entry, provided each visit is \$250 or more. Entrants must live or work locally.

For those who already attend a gym, or who do not wish to take up a membership themselves, there is also the option to nominate someone local who would genuinely benefit from regular gym access but may not currently be able to afford it.

The promotion closes on 30 July, with winners drawn on 31 July.

Kumeu Gym is open 24/7, just like 111 Vet Clinic – open 24/7 for all your pets' needs.

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Community News

Feeling anxious? Stop and read this



Stop! Put one hand on your chest and one on your stomach. Breathe in. Breathe out - make the out breath longer than the in breath. Repeat (out loud if you can) at the end of each out breath - Relax I Am Safe. Do this again. Do this repeatedly until you feel calmer. At least 10 times. Sit

down or lie down if you have to. Let yourself cry if it comes as that is the body's way of releasing excess adrenaline.

I suffered major anxiety and panic attacks, and I used to call ambulances thinking I was having a heart attack or allergic reaction. I really thought I was dying. I now know that anxiety has a purpose and it is to keep you safe. Your brain thinks you are not safe and sends the signal to your body to panic as it is the fastest way to get you away from whatever your mind has decided is the threat.

When you are safe and there is no threat, you can calm yourself with the above breathing and direct command to your body - Relax I AM Safe! I recommend practising this when you are already calm, so it becomes your go to when you feel anxious. If you can't do this in front of people - the toilet is your friend. Go and sit on the toilet - breathe and repeat.

I now help others overcome anxiety using hypnosis and other therapy techniques. If you need help get in touch. As well as hypnotherapy I also run The Joy Club (Dark Dancers) every Thursday night 7:30pm in Waimauku War Memorial Hall. Come along & experience the joy of dancing in the dark. This also helped me shake out the built-up energy of anxiety.

Lorraine Maguire Therapy.

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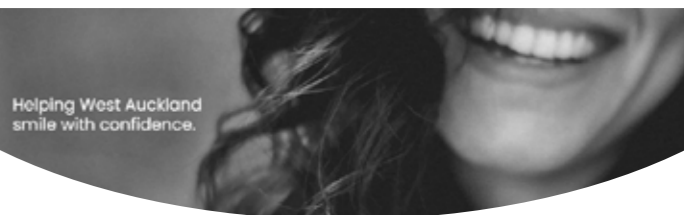


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www.huapaidental.co.nz

When anxiety became my wake up call



There was a time when feeling stressed, overwhelmed, and constantly busy had become my normal. Like many of us, I spent my days moving from one responsibility to the next,

always focused on what needed to be done, rarely stopping to consider what I needed. By the time anxiety began to creep in, I realised I had lost touch with my own sense of balance and something needed to change.

As I started exploring ways to better support my wellbeing, I discovered Reiki. The experience opened my eyes to the powerful connection between mind, body, and energy, helping me find a greater sense of calm, clarity, and perspective during a challenging time.

What began as a personal healing journey soon became something much more profound. Inspired by the positive impact Reiki had on my own life, I felt drawn to learn more and explore other holistic approaches. This path eventually led me to become certified in Reiki, EFT (Emotional Freedom Techniques), meditation, and breathwork, while deepening my connection to intuition and inner guidance.

Today, through my business Enlightened Paths, I have the privilege of supporting others who are seeking greater balance, clarity, and connection in their lives. My approach is gentle, practical, and grounded. While every session is unique, many clients come looking for support through stress, overwhelm, life transitions, or simply a chance to focus on themselves for a while.

One of the greatest lessons I learned on my own journey is that wellbeing isn't about perfection. It's about paying attention to what we need, making space for ourselves, and recognising that we don't have to navigate everything alone.

Whether you're curious about Reiki, EFT, breathwork, or simply looking for a supportive space to pause and reflect, I would be honoured to be part of your journey. Sometimes the smallest step towards ourselves can create the greatest shift.

LOUISE REEVES

Holistic Wellness Practitioner
• Reiki • EFT • Breathwork • Intuition

021 0264 6140
hello@enlightenedpaths.co.nz
enlightenedpaths.co.nz
enlightenedpaths.nz



Keeping Auckland kids warm



Local residents and businesses are coming together to support Give a Kid a Blanket, helping provide warm pyjamas and essential winter items to children and families across Auckland.

Many readers will already know of the incredible work carried out by co-founders Bernie and Turtle and their dedicated

volunteers. Every day they support children and families across Auckland by providing blankets, warm clothing and other essential items to those facing hardship. Their compassion and commitment have helped thousands of Aucklanders over the years.

The pyjama collection is being organised by Gabrielle (Gabs), Publication Manager for the Kumeu Courier and The Westerly. Passionate about supporting local community initiatives, Gabrielle launched the collection to help meet the growing demand for warm sleepwear this winter. Thanks to the generosity of local residents and businesses, along with a discount from Postie Plus, the first bulk order of pyjamas was recently purchased and delivered to the charity.

A special thank you goes to Graham McIntyre, owner of the Kumeu Courier and The Westerly whose generous contribution helped make the first delivery possible. Graham joined Gabrielle on the recent visit to Give a Kid a Blanket, where the donations were gratefully received.

While the first delivery was a great success, there is still a need for more. The sizes currently most in demand are:

- Baby sizes 1 and 2
- Boys' sizes 4, 6 and 10
- Teen boys' and girls' sizes 14 and 16

New pyjamas can be donated throughout July and dropped off at:

- Raine & Horne, 327 Main Road, Kumeu
- West Auckland Property Management, 2 Clark Road, Hobsonville

I would like to sincerely thank everyone who has already contributed. Whether you donated pyjamas, made a financial contribution or helped spread the word, your support is helping children and families stay warmer this winter.

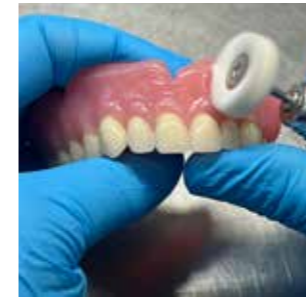
Looking ahead, we will also be launching a Community Giving Campaign in August. Funds donated by local

businesses will be matched by the Kumeu Courier and The Westerly, up to a combined total of \$1,000. Working directly with Give a Kid a Blanket, we will purchase the items most urgently needed and ensure support reaches those who need it most.

Together, our community continues to show that even small acts of kindness can make a big difference. Thank you to everyone who has supported this initiative so far.

Photo: (from L) Graham McIntyre, Turtle & Gabs

DT Denture Clinic



Looking after your new dentures

Your new dentures are an investment in your smile, comfort, and confidence. With the right care, they can continue to look and feel great for many years to come. Following a simple daily routine will help keep your dentures

clean, comfortable, and functioning at their best.

Cleaning your dentures - Dentures should be removed and rinsed after every meal to help prevent food and plaque build-up. If you still have natural teeth, continue cleaning them as advised by your dentist.

When brushing your dentures, always use a soft brush. Hard-bristled toothbrushes can scratch and damage the denture surface over time. We recommend cleaning your dentures with liquid soap, or a denture cleaner such as Polident. Be sure to rinse them thoroughly before placing

them back into your mouth.

We recommend removing your dentures overnight, it is important to keep them moist to prevent distortion or drying out. Soak your dentures in warm water with a mild baking soda solution (approximately half a teaspoon in a glass of water) or use a denture soaking solution such as Polident.

Avoid using toothpaste on dentures, as it is abrasive and can overtime wear down the acrylic surface, causing unnecessary damage.

Professional denture clean - Over time, dentures can develop a build-up of plaque, calculus, and staining that cannot always be removed with regular home cleaning. A professional denture clean helps restore the appearance and freshness of your dentures while maintaining their long-term condition.

Our professional denture cleaning service takes approximately 2 hours and includes a deep-cleaning process followed by a professional polish to help restore a smooth, clean finish.

Ongoing care - Your mouth naturally changes shape over time, which may affect how your dentures fit. Regular dental or clinical reviews are important to ensure your dentures continue to fit comfortably and function correctly.

If your dentures become loose, uncomfortable, damaged, or difficult to wear, contact your clinician for advice. Early attention can often prevent more significant problems later on.

Contact DT Denture Clinic for a free consultation 09 4165072

Cat lovers - we need your help



The NZ Cat Foundation operates a sanctuary in Huapai that is home to more than 150 rescued cats. Our sanctuary provides a safe, lifelong haven for older, disadvantaged, and unhomeable cats, allowing them to live out their lives in comfort, security, and with the care they deserve.

Volunteers play a vital role in helping us maintain the sanctuary and ensure our cats enjoy happy, healthy lives. We are always looking for reliable and compassionate volunteers who are responsible, work well as part of a team, and have a genuine love of animals.

Volunteering at the sanctuary is also an excellent way to complete community service requirements for programmes such as the Duke of Edinburgh Award, St John, Scouts, Guides, church groups, university placements, animal science studies, and more. We are happy to verify and sign off volunteer hours as required.

As a charity, we rely heavily on the support of volunteers

Community News

and urgently need more people to join our team.

We also gratefully welcome financial donations and contributions of cat food to help cover veterinary expenses and the ongoing costs of caring for our sanctuary residents. In addition, The NZ Cat Foundation supports community Trap-Neuter-Return (TNR) programmes and assists with feeding and caring for vulnerable cats living in the community.

To learn more about volunteering or making a donation, please visit our website at www.thenzcatfoundation.org.nz.

Winter Boat Service. Summer Sorted.



For many boat owners, winter is when the boat gets parked up and forgotten about until the first good weekend of spring.

But that's often when problems start.

While your boat is sitting idle, moisture can creep into fuel systems, batteries slowly lose

charge, salt continues to corrode moving parts, and steering systems can begin to seize. In fact, many of the breakdowns we see during summer started months earlier during winter storage.

That's why winter is the ideal time to get on top of servicing and repairs. Not only are you less likely to want to use your boat, but workshops are generally quieter. That means technicians have more time to thoroughly inspect your boat, check battery health, test electrical systems, and identify any issues before they become costly headaches.

If something needs fixing, you'd rather find out now than on the morning of a long-awaited fishing trip.

Between services, we also recommend carrying out some basic maintenance every six weeks, especially over the winter months. To make it easy, we've created a simple maintenance checklist to help keep your boat and motor in top shape - just go to gtmarine.co.nz/maintenance-checklist.

Summer will be here before we know it. Book your winter service now and head into summer knowing your boat is ready to go. Plus, if you book before 31 July, you'll get a \$50 GT Marine voucher to use in store, or on your next job.

Visit us at 156 Main Road, Kumeū and check out our expanded workshop and new Honda outboard showroom while you're here. Or call 09 412 8348 or visit gtmarine.co.nz to book a job.



FACTORY SPACE SHARING

I'm looking for premises to relocate my CNC Routing business. I need 250-300m² floor space.

I also need room to load/unload trucks and a reasonably wide roller door. Stand alone units typically don't have this hence I'm looking to share factory space with another business. Do you have spare room that could provide an income? I mostly work alone, just use contract labour when required. I have a portacom office but do need access to toilet facilities.

Call Mick on 0275 335 597
mick@cadcamnz.co.nz
www.cadcamnz.co.nz



Community News

Win a share of \$500 in Pak'nSave gift cards



Hi loyal readers!

You guessed it – we're back with another free giveaway!

This July, we're giving away a share of \$500 worth of Pak'nSave gift cards. Lucky readers will each win a \$100 gift card, which can be used for grocery or fuel at Pak'nSave.

We were blown away by the response to our recent BP voucher giveaway and as a thank you for continuing to support the Kumeu Courier and The Westerly each month, we've decided to do another giveaway.

To enter, simply:

- Email enter@freefuel.co.nz

- Include the code 7395

- Send your full name and contact phone number

LIKE the Facebook page of the publication you are entering through:

KumeuCourier

<https://www.facebook.com/KumeuCourier/>

TheWesterly

<https://www.facebook.com/thewesterly2015/>

Entries are open throughout July, with winners drawn at random at the end of the month.

Thank you for reading and supporting your local community newspapers.

Good luck!

This promotion is run by the Kumeu Courier and is not sponsored, endorsed, administered by or associated with Facebook or any other third party.

gtm
OUTBOARD MOTOR SPECIALIST

WINTER SERVICE BONUS

Book a boat service or repair by 31 July and get a \$50 GT Marine store voucher!



412 8348



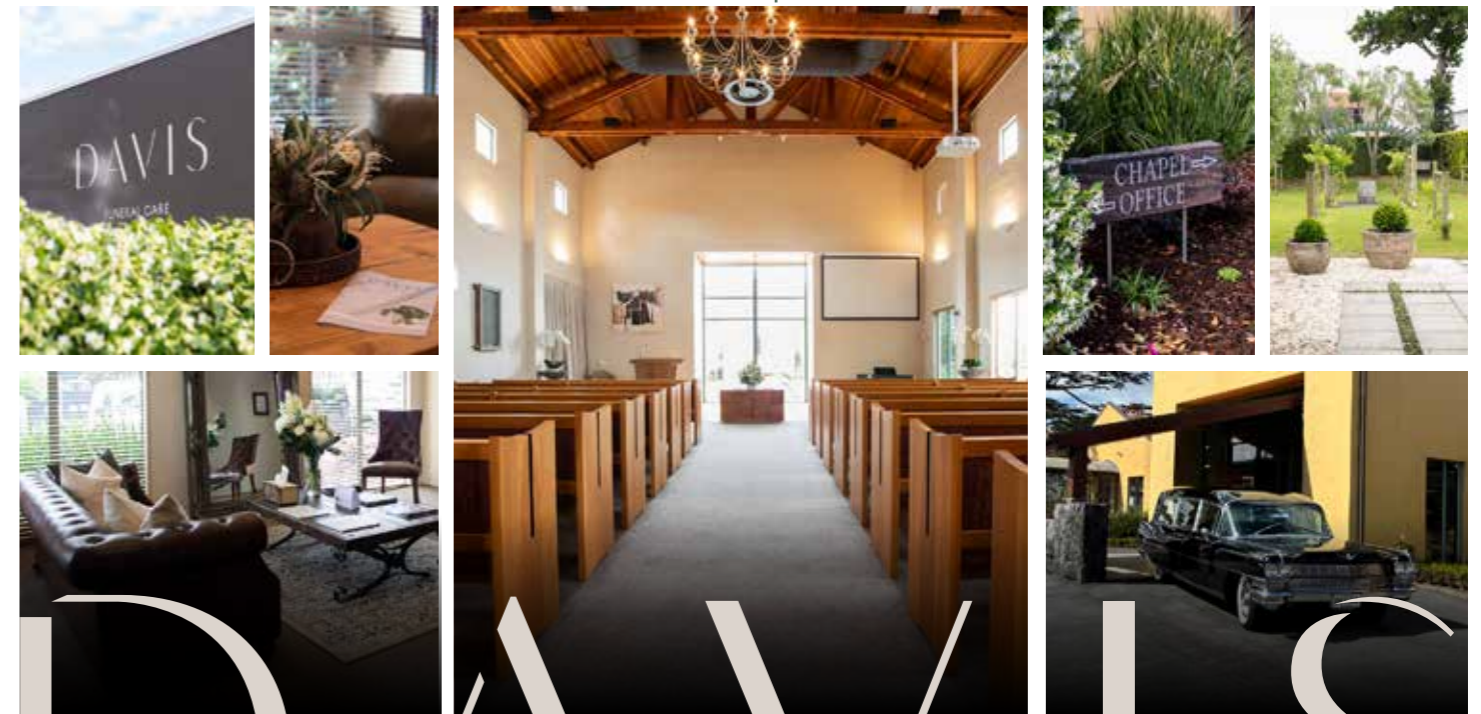
gtmarine.co.nz



156 Main Road, Kumeu



GT Marine - your local marine specialists



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Food & Beverage

Roasted Carrot & Cumin Soup

VEGETARIAN

Preparing time 15 mins

Cook time 1 hr 10 mins

Serves 4

Ingredients

Carrots, peeled, roughly chopped - 1 kg

Small onion, roughly chopped - 1

Olive oil - 2 Tbsp

Cumin seeds - 1 tsp

Dried chilli - 1/4 tsp

Salt

Freshly ground black pepper

Garlic, unpeeled - 2 cloves

Chicken stock - 5 cups

Potato, peeled, cut into 2cm cubes - 1

Thickened cream - 1/2 cup

Chopped chives, to serve

Sliced bread, toasted, to serve

Method

Step 1-

Preheat oven to 180°C (160°C fan-forced). Line a large oven tray with baking paper.

Step 2-

Arrange carrot and onion on tray. Drizzle with oil and sprinkle with cumin seeds and chilli. Season to taste.

Step 3-

Bake for 30 minutes. Add garlic and bake for a further 15 minutes.

Step 4-

Transfer vegetables to a medium saucepan with stock and potato. Squeeze garlic from skins and add to pan. Cook on high, until boiling. Reduce heat to medium and simmer for 10-15 minutes, until potato is tender.

Step 5-

Purée with a stick blender, until smooth. Season to taste. Stir in half of the cream and reheat to boiling point.

Step 6-

To serve, ladle into bowls with a swirl of the remaining cream on top. Sprinkle with chives. Serve with sliced bread on the side.

Credit

<https://www.woolworths.co.nz/recipes/dinner/2368/roasted-carrot-and-cumin-soup>



Everything you need to know about property

Property Hub



248 Main Road, Kumeū 0810

09 412 5371

www.gjgardner.co.nz/franchises/rodney-west



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Property Hub:

The benefits of building new

The Benefits of building new Buying a new-build home offers modern comfort, long-term savings, and peace of mind. Designed for contemporary living, new homes provide practical layouts, energy-efficient features, and the convenience of moving straight into a property that is ready to enjoy from day one.

One of the biggest advantages is access to potential financing incentives. Many lenders view new-build homes favourably, and eligible buyers may qualify for lower deposit requirements or other lending benefits. This can make homeownership more accessible and reduce upfront costs.

New homes are built to modern standards, with improved insulation, efficient heating systems, and energy-saving appliances. These features can help lower utility bills and reduce ongoing household expenses. Because everything is brand new, homeowners are also less likely to face costly repairs or maintenance issues in the early years of ownership.

A new-build property is designed with today's lifestyles in mind, offering functional floorplans, modern finishes, and spaces that suit the way people live and work. The move-in-ready nature of a new home means there is no need for immediate renovations or upgrades, saving both time and money.

In addition to lower maintenance and running costs, new homes often have strong appeal in the property

market. Their modern design, energy efficiency, and contemporary features can help support future resale value and attract potential buyers when it comes time to sell.

For many buyers, a new-build home represents more than just a place to live. It is an investment in comfort, convenience, and long-term value. With lower maintenance requirements, reduced energy costs, modern design, and potential financing advantages, a new-build home offers a practical and attractive solution for those looking to secure their future while enjoying the benefits of a brandnew property.

Having built many homes in the Parkview development, G.J. Gardner Homes brings proven experience and a commitment to quality. Our newly completed Urumaraki Heights Show home showcases our popular Island design, combining contemporary style, practical family living, and affordability. Featuring multiple living areas, spacious bedrooms, and a modern kitchen, the home offers comfort, flexibility, and lasting appeal through its timeless design and durable materials.

Whether you are seeking a relaxed lifestyle, outdoor recreation, or an authentic rural New Zealand experience, Helensville offers the perfect gateway to Auckland's thriving northwest region, with a blend of country charm and the comforts of modern living

Known for its many attractions and abundant amenities, this elevated and historic area has so much to offer.

Come talk to GJ's about Helensville now, where lifestyle and affordability live side by side..



West Auckland Property Management – your local property managers



Proudly serving West Auckland with professional property management, genuine relationships, and a commitment to our community.

At West Auckland Property Management, we believe property management is about so much more than collecting rent,

organising maintenance, and conducting inspections. It's about people, relationships, trust, and being part of the community we proudly call home.

As a locally owned and family-operated business, we're passionate about helping property owners protect and grow their investments while creating positive rental experiences for tenants. We understand that every landlord, tenant, and property is unique, which is why we take a personalised approach to everything we do.

Our clients are never treated like just another number. We take the time to understand your goals, communicate openly, and provide support every step of the way. Whether you're a first-time landlord, an experienced investor, or a tenant looking for a place to call home, our focus is on building genuine relationships and delivering exceptional service.

Proudly West Auckland

West Auckland isn't just where we work—it's where we live, raise our families, support local businesses, and contribute to our community.

Our team has deep roots throughout West Auckland, from Hobsonville and Kumeū to Massey, Henderson, Te Atatū, and beyond. We know the schools, parks, shops, sporting clubs, and local communities because we're part of them ourselves.

We love supporting local businesses, local charities, community groups, schools, and sporting organisations. We believe strong communities are built through strong relationships, and we're proud to play our part in helping West Auckland continue to thrive.

More than property managers

We don't just manage properties—we help people navigate their property journey.

Our comprehensive property management service includes:

- Professional tenant selection and screening

- Rent collection and proactive arrears management
- Routine property inspections
- Maintenance coordination and contractor management
- Healthy Homes and legislative compliance
- Detailed owner reporting and communication
- Water and utility management
- End-to-end tenancy management
- Professional marketing and tenant placement

Most importantly, we provide peace of mind.

As property owners ourselves, we understand how important your investment is. We treat every property as if it were our own and take a proactive approach to protecting your asset, maximising returns, and ensuring your tenants feel supported.

Communication is everything

One of the things our clients value most is our commitment to communication.

We understand that everyone communicates differently, so we tailor our service to suit your needs. Whether you prefer phone calls, text messages, emails, WhatsApp, or Messenger, we'll communicate in a way that works best for you.

We believe there should never be surprises when it comes to your property. Our landlords stay informed, our tenants feel supported, and our team remains accessible whenever advice or assistance is needed.

Building relationships that last

Property management is ultimately a people business.

Whether we're helping a landlord grow their portfolio, supporting a tenant through life's challenges, or working alongside trusted local tradespeople, our goal remains the same: to build long-term relationships based on trust, respect, communication, and genuine care.

We believe the best outcomes happen when people feel supported, listened to, and valued.

Meet the team

Led by owners Gail and Graham McIntyre, our team combines local knowledge, industry expertise, and a shared commitment to outstanding customer service.

Senior Property Relationship Manager Sarah Ball brings more than 15 years of property management experience and is passionate about helping clients achieve the best outcomes for their investments.

Property Relationship Manager Aria brings energy, enthusiasm, and a people-first approach, helping landlords and tenants navigate their property journey with confidence.

Accounts Manager Tracey is the heart of the business behind the scenes, ensuring everything runs smoothly while supporting both clients and the wider team.

Together, we're committed to delivering property management that is professional, proactive, personal, and relationship focused.

West Auckland proud

We're proud to call West Auckland home and honoured to support the people who make it such a special place.

Whether you're looking for trusted property management advice, searching for a new home, or wanting to maximise the performance of your investment property, we'd love the opportunity to help.

Because at West Auckland Property Management, you're not just another property in a portfolio—you're part of our community.

West Auckland proud. Family-owned. Relationship focused. Personally invested.



Relationship property



When a relationship ends, sorting out property can feel overwhelming. Understanding the rules and timeframes under the Property (Relationships) Act 1976 can help make the process clearer.

There are two main ways to resolve relationship property matters: privately (by agreement) and through the Family Court. A private agreement often involves lawyers drafting a formal settlement agreement. Even when resolving matters privately, the principles of the Act still apply, and statutory

Commercial, Disputes. Full Service Legal. Local Heart.



entitlements and processes must be considered to ensure the agreement is legally valid and enforceable.

If agreement cannot be reached, either party can apply to the Family Court for orders dividing property under the Act. The Court will apply the statutory principles, including a presumed equal sharing of relationship property unless certain exceptions apply.

Understanding the time limits

The time limit for applying for the Court's assistance depends on the nature of your relationship.

If you and your partner were in a qualifying de facto relationship, you have 3 years from the date of separation. If you were married, you have 12 months from the date of your divorce, also called a dissolution. Acting within these limits helps avoid complications and keeps things moving forward.

These timeframes apply to Court applications only. Parties can still reach their own agreement outside of Court after these timeframes, provided the agreement is properly documented.

What happens if you miss the deadline?

If you do not apply to Court within the relevant timeframe, you may lose the right to have the Court determine your relationship property division. The Court can grant permission to apply out of time in limited circumstances, but only where not doing so would cause serious injustice. This can be a high threshold, so it is safer to seek advice early.

Don't leave it too late

If you've recently separated, we invite you to become a client of Smith and Partners. Contact Natalie Miller at natalie.miller@smithpartners.co.nz or phone 09 837 6843 to discuss your relationship property options early.

KEMP BARRISTERS & SOLICITORS

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- Property Law
- Litigation
- Family & Relationship Law
- Wills & Estates
- Commercial Law
- Trust & Asset Protection

info@kempsolicitors.co.nz
 09 412 6000
 25 Oraha Road Kumeu

Mortgage Market Update:

What homeowners should know right now

If you've been keeping an eye on the news lately, you've probably seen plenty of headlines about interest rates, inflation, the property market, and ongoing economic uncertainty. While it's easy to get caught up in the noise, there are still opportunities for homeowners who take a proactive approach.

The Reserve Bank recently announced that the Official Cash Rate (OCR) will hold at 2.25%. While there was no increase, the announcement carries a strong message about where interest rates could be heading next.

At the same time, the property market appears to be in a more balanced phase. Recent Cotality data shows that the national median property value remained unchanged in May at \$808,187. Here in West Auckland, the median property value is \$910,416.

So what does this mean for you?

The good news is that there is still time to get ahead of any potential changes.

- If your mortgage is due to come off its fixed rate in the next 3 to 6 months, now is an ideal time to review your lending and explore your options.

With a balanced property market, buyers and sellers can make more considered decisions without the pressure of rapid price movements experienced in recent years. Rather than trying to predict where interest rates or house prices will go next, focus on making sure your mortgage is set up to support your goals. The key message from us: Don't panic, but don't ignore it either.

And this is where a mortgage adviser can help.

As a local mortgage adviser, I work for you, not the bank. I compare lenders, negotiate on your behalf, and help navigate the process from start to finish. More

importantly, I work alongside my clients to create a lending strategy that supports their goals and adapts as life changes.

Call Ben Konings - Your Local Mortgage Adviser
0204 1122 481 - ben@mortgagesupply.co.nz

Experience matters in today's property market



After years of unprecedented growth, New Zealand's property market has entered a new phase—one defined by opportunity, careful decision-making, and the value of expert guidance.

Driven by higher interest rates and a significant increase in housing supply, property prices now sit

approximately 22-30 percent below their post-pandemic peaks. When adjusted for inflation, the picture is even more striking, with house prices nationally returning to levels last seen in 2016. Auckland and Wellington have experienced even larger corrections, with inflation-adjusted declines of 37 percent and 39 percent respectively.

For buyers, particularly first-home buyers, this presents some of the best opportunities seen in years. A surge in listings, reduced competition, and less pressure in auction rooms mean purchasers have greater choice and more negotiating power than at any time in recent memory.

Yet despite these favourable conditions, market sentiment remains cautious. Properties are taking longer to sell, buyers are increasingly selective, and value has become the driving force behind purchasing decisions.

Homes that are well-presented, move-in ready, and located in desirable neighbourhoods or sought-after school zones continue to outperform the wider market and attract consistent interest.

According to leading property economists, values remain largely stable, with neither buyers nor sellers in a hurry to make dramatic moves. In a market where timing, pricing, and strategy can significantly influence outcomes, local knowledge and experience have never been more important.

That's where Graham McIntyre stands apart. For more than 20 years, Graham has been helping buyers and sellers successfully navigate changing market conditions. Through property booms, downturns, and everything in between, he has built a reputation for trusted advice, exceptional service, and results-driven expertise.

His deep understanding of local market trends, buyer behaviour, and effective sales strategies allows clients to make informed decisions with confidence. Whether you're purchasing your first home, upsizing for a growing family, downsizing, or considering selling an investment property, Graham's experience provides a valuable advantage. In a market where every decision matters, having a proven professional by your side can make all the difference.

If you're considering your next move, the conversation starts with understanding your options. Graham is always happy to share his insights, discuss current market conditions, and help you develop a strategy to achieve your property goals.

Call or text Graham McIntyre today on 027 632 0421 for a no-obligation chat about your next property move.

Good Neighbours, Better Decisions:

Rethinking Consent in Cross-Leases

A cross lease is a common form of property ownership in New Zealand where multiple parties jointly own the land and lease their respective homes from one another, typically for 999 years. The lease usually requires an owner



to obtain their neighbour's consent before carrying out alterations, particularly where the building footprint changes. This requirement often gives rise to disputes about when consent can reasonably be withheld. A recent decision in *Liow v Martelli* [2026] NZCA 101 considers this issue and provides useful guidance for cross-lease owners. The case

addressed a common source of tension in shared ownership arrangements: when can a neighbour lawfully refuse consent to proposed alterations?

Importantly, the Court emphasised that cross-leases are cooperative, long-term arrangements. Owners are expected to engage constructively with one another and approach consent requests with an open mind. Where proposed alterations are relatively common for comparable properties and have only limited impacts on neighbouring owners, it may be difficult to justify a refusal.

However, the Court also recognised that there are circumstances where withholding consent will be reasonable. Examples include alterations that materially affect privacy, sunlight, views, property value, future development potential, or rights protected by the lease itself. For cross-lease owners, the decision reinforces a simple but important principle: consent decisions should be guided by fairness, cooperation, and an objective assessment of the interests of everyone involved.

Give us a call on 09-973-5102 or make a time to come and see us at either our Kumeu or Te Atatu office if you need help updating your cross-lease flats plan or advice

Call now to discuss your legal needs

Kumeu Office
1A Tapu Road, Kumeu

Te Atatu Office
1/547 Te Atatu Road
Te Atatu Peninsula

p: 09 973 5102
w: cslegal.co.nz

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Area Property Stats

PROPERTY-HUB.NZ

25

Every month Raine & Horne Kumeu assembles a comprehensive spreadsheet of all the recent sales in the area that reviews the full range of Residential and Lifestyle transactions that have occurred. To receive the full summary simply email the word "full statistics" to office@kumeu.rh.co.nz. This service is free from cost.

SUBURB	STREET	CV	BED	FLOOR AREA m2	LAND AREA m2	SALE PRICE
Bethells Beach						
	Tasman View Road	\$890,000	3	106	1184	\$820,000
Helensville						
	Awaroa Road	\$860000	3	90	947	\$775000
	Cabeleigh Drive	\$870000	3	156	507	\$865000
	Kanono Way	\$1100000	4	175	502	\$1100000
	Karaka Street	\$700000	3	92	455	\$780000
	Miro Street	\$830000	3	125	885	\$860000
	Downer Street	\$980000	3	125	931	\$940000
	Awaroa Road	\$760000	3	98	620	\$550000
Hobsonville						
	Harvard Street	\$770000	1	78	94	\$729000
	Mapou Road	\$1250000	4	200	258	\$1285000
	Gecko Road	\$850000	3	101	119	\$817000
	Boundary Road	\$2400000	3	153	0	\$1500000
	Carder Court	\$950000	3	143	160	\$940000
	Scott Road	\$730000	2	88	0	\$650000
	Skua Road	\$1150000	4	173	217	\$1130000
	Mihi Lane	\$930000	4	125	0	\$905000
	Greenfinch Road	\$1200000	4	175	202	\$1115000
	Meteor Road	\$930000	2	150	0	\$970000
	Harbourside Parade	\$695000	2	94	137	\$695000
	Firebrick Way	\$425000	2	70	73	\$753000
	Hobsonville Point Rd	\$670000	2	75	0	\$630000
	Wallace Road	\$960000	0	119	0	\$866800
	Hobsonville Road	\$1230000	5	228	359	\$1220000
Huapai						
	Remana Crescent	\$1275000	4	210	606	\$1260000
	Trigg Road	\$1500000	4	245	1707	\$1560000
	Remana Crescent	\$1125000	3	155	503	\$1170000
	Tapu Road	\$820000	2	108	0	\$785000
	Matua Road	\$1150000	3	190	809	\$1045000
Kumeu						
	Vogwill Road	\$1750000	4	229	670	\$1590000
	Worrall Road	\$1805000	4	226	26000	\$1295000
	McIndoe Road	\$1300000	4	197	567	\$1310000
	Accolage Boulevard	\$1275000	4	162	539	\$1090000
	Konoba Avenue	\$1150000	4	183	428	\$1150000
	Tarras Road	\$1150000	4	191	400	\$1090000
	Konoba Avenue	\$1150000	4	148	180	\$889000
	Tarras Road	\$1150000	4	191	407	\$1200000
	Dysart Lane	\$1055000	5	356	10000	\$2695000
	Lewis Younie Road	\$1450000	5	254	727	\$1320000
	Broadwood Rise	\$2525000	4	337	10000	\$2200000
Massey						
	White Heron Drive	\$1125000	4	211	0	\$1050000
	Royal Road	\$740000	0	114	0	\$722500
	Garton Drive	\$747826	4	87	427	\$747826
	Hewlett Road	\$870000	3	120	711	\$773000
	Widmore Drive	\$1125000	3	190	702	\$825000
	Royal Road	\$750000	3	114	96	\$740000
	Kotiu Place	\$870000	3	98	183	\$795000
	Colwill Road	\$1225000	5	190	1169	\$1135000
	Don Buck Road	\$1150000	5	250	921	\$830000
	Baumea Rise	\$1325000	3	184	300	\$1135800
	Cyclarama Crescent	\$690000	3	110	0	\$720000
	Ginders Drive	\$790000	3	117	381	\$842000
	Don Buck Road	\$1400000	4	260	1332	\$800000
	Cyclarama Crescent	\$900000	4	122	850	\$810000
	Jadewynn Drive	\$1300000	4	192	890	\$1185000
	Horokaka Street	\$870000	3	91	210	\$765000

SUBURB	STREET	CV	BED	FLOOR AREA m2	LAND AREA m2	SALE PRICE
	McClintock Road	\$850000	3	132	473	\$775000
	Don Buck Road	\$1150000	5	170	900	\$840000
	Aldern Road	\$910000	3	110	550	\$850000
Muriwai						
	Oaia Road	\$1685000	4	240	13700	\$1350000
Parakai						
	Parakai Avenue	\$920000	4	270	1849	\$940000
	Pengelly Place	\$680000	2	90	0	\$610000
	Raabia Close	\$950000	4	209	983	\$1025000
	Springs Road	\$670000	3	88	0	\$610000
	Parakai Avenue	\$540000	3	95	506	\$565000
	Parkhurst Road	\$550000	3	65	0	\$550000
Riverhead						
	Maude Street	\$1125000	4	144	809	\$1501245
	Coatesville-rhead Hway	\$1155000	0	0	10400	\$1170000
	Lloyd Road	\$2630000	3	138	32300	\$2375000
	Turpin Road	\$1350000	3	197	601	\$1346800
Waimauku						
	Denehurst Drive	\$1450000	4	245	1000	\$1450000
	Fletcher Road	\$1925000	5	306	10000	\$1715000
	Cloverfields Drive	\$1400000	6	286	0	\$1645000
	Fletcher Road	\$1650000	4	140	10200	\$1481500
	Waimauku Station Rd	\$780000	3	102	1011	\$930000
Waitakere						
	McEntee Road	\$770000	3	66	1643	\$894000
West Harbour						
	Marina View Drive	\$1375000	4	190	681	\$1188500
	Fitzherbert Avenue	\$820000	3	110	258	\$785000
	Matisse Drive	\$1005000	4	140	0	\$1040000
	Hobsonville Road	\$605000	3	152	158	\$608000
	Marina View Drive	\$1375000	4	230	721	\$1475000
	Mako Street	\$1225000	3	220	669	\$1245000
	Hobsonville Road	\$970000	3	105	236	\$950000
Westgate						
	Westgate Drive	\$1075000	3	184	210	\$920000
	Mairehau St	\$540000	3	180	224	\$940000
	Whiteywood Street	\$910000	4	123	167	\$900000
Whanuapai						
	Totara Road	\$1075000	4	211	166	\$940000

DISCLAIMER: These sales figures have been provided by a third party and although all care is taken to ensure the information is accurate some figures could have been mis-interpreted on compilation. Furthermore these figures are recent sales over the past 30 days from all agents in the area.

Graham McIntyre on 027 632 0421

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Raine & Horne Kumeu also provide statistical data FREE from cost to purchasers and sellers wanting more information to make an informed decision. Phone me today for a FREE summary of a property and surrounding sales, at no cost and no questions asked. Graham McIntyre 027 632 0421 *Available for a limited time. Conditions apply.

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Why West Auckland owners choose Sarah & Graham

The West Auckland rental market has undergone a significant shift over the past 12 months, creating both challenges and opportunities for landlords.

For tenants, the market has become increasingly favourable. A surge in available rental properties has given renters more choice and greater negotiating power, while landlords are finding properties take longer to lease than in previous years. Across West Auckland's established and rapidly growing suburbs, weekly rents generally range from \$550 to \$750, depending on property type, size, and location. While demand remains steady, the increase in rental stock means many listings now spend several weeks on the market—quite a change from the days when quality properties could be snapped up within a matter of days.

Median weekly rents across the region have softened slightly, sitting around the \$650 mark. As a result, landlords are becoming more flexible, recognising that securing a quality long-term tenant is often preferable to leaving a property vacant.

Current market trends show:

Apartments and units continue to attract renters seeking affordability and convenience, with weekly rents typically ranging from \$520 to \$620.

Modern townhouses, particularly in sought-after locations such as New Lynn, Hobsonville, and Westgate, are proving popular with professionals and young families, leasing for approximately \$590 to \$680 per week.

Family homes remain highly desirable, especially in established neighbourhoods. Three and four-bedroom homes generally command rents between \$700 and \$850 per week, depending on location and presentation.

While market conditions have changed, one thing remains constant: successful property investment relies on informed decisions and expert guidance.

That's where Sarah Ball and Graham McIntyre have become the trusted team many West Auckland property owners rely upon.

Backed by West Auckland Property Management's

outstanding 25-year reputation, Sarah and Graham combine local market knowledge, practical experience, and a commitment to delivering honest, timely advice. Whether you own a single investment property or manage a growing portfolio, they understand that every property owner has unique goals and challenges.

Their approach is simple: provide clear guidance, proactive management, and strategies designed to protect your investment while maximising long-term returns.

In a market where conditions can change quickly, having experienced professionals on your side can make all the difference.

If you're considering your options as a landlord, reviewing your current rental strategy, or simply wanting an up-to-date assessment of your property's position in the market, Sarah and Graham are always happy to help.

A conversation costs nothing, but the right advice could prove invaluable.



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A property appraisal gives you a clear, up-to-date understanding of your home's current market value based on recent local sales and current market conditions. It can be a helpful step whether you're planning ahead, making decisions about the future, or simply wanting to stay informed about where your property sits in today's market.

There is no obligation attached – it's simply a free opportunity to gain useful insight into your property and the local market, with the added bonus of going into the draw for the gift cards.

To arrange your free appraisal, contact Graham McIntyre:
-Email: graham@wapm.co.nz (please include your full address and phone number)

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58 Turret Lane, Hobsonville

By Negotiation

Near new - Book to view - Available

Viewing this property is by appointment call Graham on 0276320421 to book a suitable time/day.

The perfect blend of indoor-outdoor flow with all the comforts of a high spec build. Don't be fooled, it's bigger than it looks offering uncompromised open plan kitchen,

dining, lounge alfresco with easy double stack slider opening to decking and storage shed.

Upstairs, two toilets, full bathroom and two generous bedrooms.

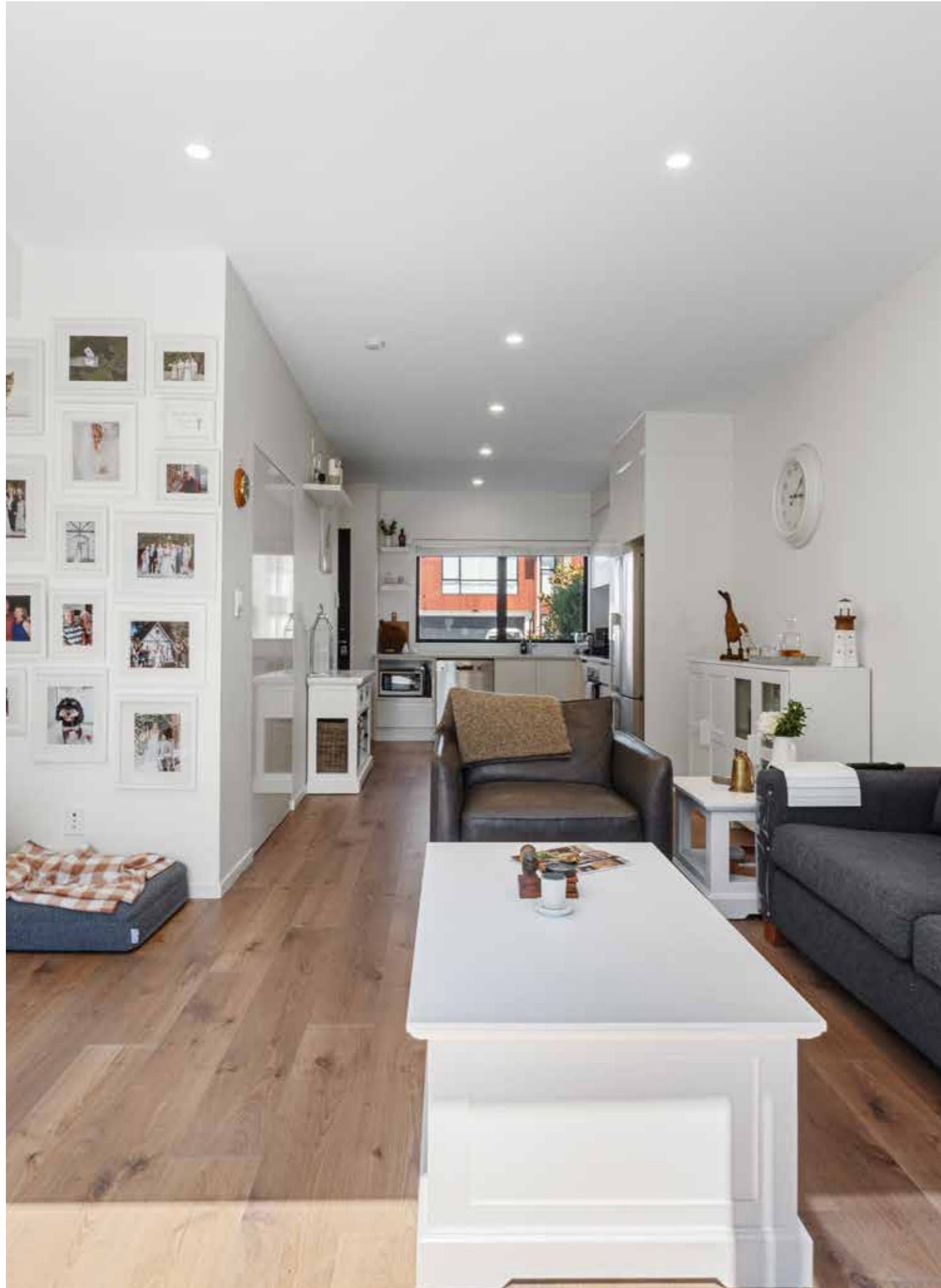
Exceptional build, earthy tones, carpet, tile and natural wood laminate, this home has been crafted and coloured to provide a seamless buy-move-in experience.

Motivate Vendors graduating North.

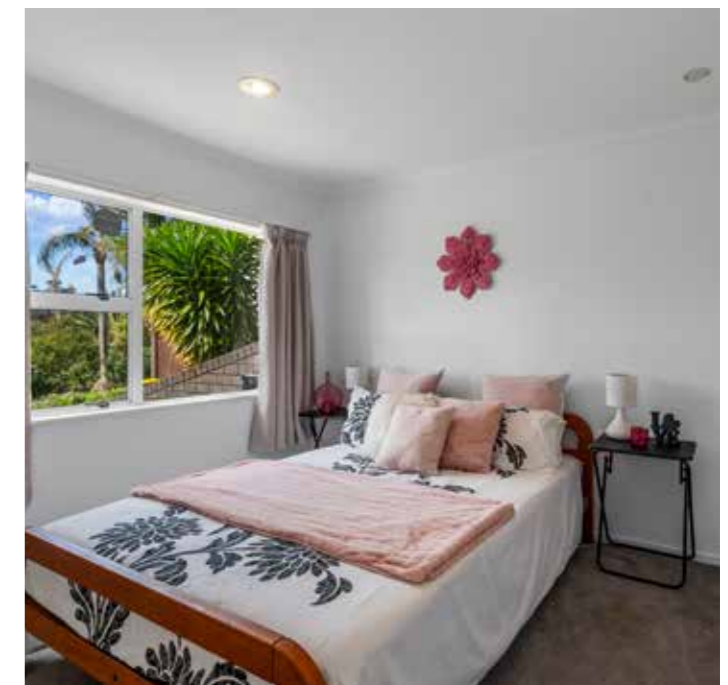


Featuring:

- Freehold
- Floor area 84 sqm
- Land area 99 sqm
- 2 Bedrooms
- 1 Bathrooms
- 2 Toilet
- 1 Living
- Townhouse



For more information on this property call:
Graham McIntyre on 027 632 0421
or email: graham.mcintyre@hobsonville.rh.co.nz
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1/16 Sailfish Drive, West Harbour

Asking Price \$759,000

Location, Location - Renovation

A compelling option for experienced buyers wanting to secure a sought-after location, this lovely bright three bedroom home presents as a project with the potential to add value over time - whether you're seeking a solid return on investment, or a long-term family home base whilst carrying out renovations.

Positioned in a quiet leafy cul-de-sac, just a short stroll to the local primary school, marina and commuter ferry and with bus stops, shops and cafes close to hand, this duplex home offers immediate comfortable living today for buyers with a considered longer-term outlook.

For more information on this property call:

Graham McIntyre on 027 632 0421 or you can email: graham.mcintyre@hobsonville.rh.co.nz

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Featuring:

- Three bedrooms - Master with ensuite and walk-in wardrobe
- Two bathrooms and three W/Cs
- Open-plan living with seamless flow
- Office work space
- Sun-filled alfresco living from dawn to dusk
- Double garage and off-street parking
- Basement workshop and extra storage
- Cul-de-sac location
- Cross-lease freehold title



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38 Vinistra Rd, Kumeu

Upbeat Urban Family Living at Its Best in Huapai

This ultra-modern, single-level, award-winning home offers the perfect blend of comfort, style, and smart design. Surprisingly spacious, with 3 bedrooms and 2 bathrooms, this beautifully appointed home promises a true "wow" factor from the moment you arrive.

If you are a discerning buyer looking for a cleverly designed, well-constructed home finished to a high standard, 38 Vinistra Road deserves to be at the top of your list. Warm timber pavilions welcome you into this light-filled, architecturally designed home, where high raked ceilings create a sense of space and elegance throughout the open-plan kitchen and living area. The seamless indoor-outdoor flow is a standout feature, with a wrap-around hardwood deck connecting effortlessly to both the master suite and secondary bedroom – perfect for entertaining or simply relaxing in the sun.

For more information on this property call:

Graham McIntyre on 027 632 0421 Country Living Realty Limited T/A Raine and Horne Kumeu - Hobsonville. Licensed REAA (2008).



Featuring:

- Freehold
- Floor area 162 sqm
- Land area 472 sqm
- 3 bedroom
- 2 bathroom
- 2 garage
- Gold award winner 2021





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Raine & Horne



Home & Garden

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Life has a way of outgrowing our spaces. Whether it's a growing family, a move in the making, downsizing, renovating, or simply not wanting to part with treasured belongings, most of us reach a point where we need a little extra room.

That's exactly why we love what we do at Country Lane Storage.

We provide a clean, secure and easy-to-access place where you can store things that matter to you. You pack your unit yourself and secure it with your own lock, so only you have access. It's your space, on your terms. With a range of unit sizes available, you can rent for the short term or settle in for longer – whatever suits your situation.

Our facility has an interesting story. In its earlier days, the site was a poultry farm. Today, it has been transformed into a modern, purpose-built storage facility with more than 75 units. While the buildings have changed, the sense of practicality and hard work behind the property remains the same.

As a privately owned, family-run business with over 20 years in the storage industry, we understand that people aren't just storing "things." They're storing furniture from

a first home, business stock, family heirlooms, sporting gear, or belongings tied to important life moments. That's why we focus on maintaining a tidy, secure environment you can confidently visit any day between 7am and 7pm.

We're proud to be part of our local community and to support the Westpac Helicopter Trust, an organisation that plays such a vital role for families across our region.

We are also members of the Self Storage Association of Australasia, promoting high standards and professionalism within the industry.

If you're feeling a little short on space, we'd love to help. Feel free to phone Elizabeth about your storage needs on 0274995471.



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Laser Plumbing & Roofing Whenuapai



Winter is here and the temperature is certainly starting to dip. Winter brings the magic of roaring fires, warm soups, and cosy nights in – but it also comes with wetter days and chilly temperatures. So, how can you be plumbing smart this winter?

Hot water cylinders - There's nothing worse than waking up to no hot water on a cold winter morning. Make sure your hot water cylinder is heating efficiently and showing no signs of leaking. Even a small drip can lead to dampness, water damage, and wasted energy.

Gutters - Blocked gutters are one of the most common causes of roof leaks during winter. Clear away leaves and debris regularly so rainwater can flow freely and safely away from your roof and foundations.

Drains - Slow-draining showers, sinks, or basins can be early warning signs of a blockage. Don't forget to check outdoor drains too – backed-up drains can quickly lead to flooding during heavy rain.

Leaky taps & toilets - A dripping tap or leaking toilet may seem minor, but over time they can waste a surprising amount of water - and increase your water bill. Check both indoor and outdoor fixtures for leaks and repair them before they turn into costly problems.

A little maintenance now can help prevent bigger plumbing headaches later – and keep your home warm, dry, and comfortable all winter long.

We have an experienced team of plumbers, roofers and drainlayers who can help with any of these issues. We



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How to spot drain problems early

Most homeowners don't think much about what's happening underground... until something goes wrong. A blocked drain, overflowing gully trap or slow-running toilet can quickly turn from a minor inconvenience into an expensive and unpleasant problem. That's where underground CCTV inspections come in.

CCTV drain inspections involve sending a specialised camera through underground pipes and drainage systems to identify issues that can't be seen from the surface. It's one of the most effective ways to understand the condition of a property's drains without needing to dig or guess.

For many homeowners, a CCTV inspection is first considered when there's already an issue. Common warning signs include:

- Recurring blocked drains
- Bad smells around the property
- Slow-draining sinks, showers or toilets
- Gurgling sounds in pipes



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- Pooling water outside
- Overflowing gully traps during heavy rain

In these situations, a camera inspection can quickly identify the cause - it might be tree roots, cracked pipes, grease build-up, collapsed sections or foreign objects lodged in the line. Rather than repeatedly treating the symptoms with chemicals, CCTV helps pinpoint the real problem so it can be properly

resolved.

But CCTV inspections aren't only useful when something has gone wrong. Many homeowners now use them as a preventative maintenance tool to check the overall health of their drainage systems before major issues develop. Older homes in particular can benefit from routine inspections, as ageing pipes may deteriorate over time without obvious warning signs above ground.

A CCTV inspection can also be worthwhile:

- Before purchasing a property
- Before subdividing
- After major storms or flooding
- Before landscaping or renovation work
- If large trees are growing near drainage lines
- As part of routine property maintenance

Regular drain flushing combined with CCTV inspections is another smart way to keep systems operating properly. High-pressure water jetting can remove grease, silt, wipes and debris before they turn into stubborn blockages, while the camera confirms the pipes have been thoroughly cleared and checks for any underlying damage.

For local CCTV operators who know what they're doing, please get in touch with the HydroVac team on 0800 493 768 or service@hydrovac.co.nz

Waimauku Garden Club

For our May Garden Club trip we boarded the coach to have an announcement that our planned trip to Gellert Nurseries had been canceled due to several of the staff being unwell. But never fear, our wonderful committee came to the rescue with plan B the Botanical Gardens which was such a treat. On arrival we had morning tea at their lovely Cafe followed by an introductory talk from one of the staff, before venturing out to look at some parts of the vast grounds. We got to enjoy the perennial beds which were bright and colourful, the edibles also herbs and a few of the sculptures but you need hours to venture the vast trails. On Thursdays they have plants

for sale so we were able to make some purchases. We headed off to the Hidden Cafe off the main road to enjoy lunch together in their peaceful environment. Following that we visited Joy Plants proprietors Terry and Pam Hatch and manager Lindsey Hatch have been operating Joy Plants for over thirty years. The nursery is situated within their gardens, truly a working garden that holds some unique treasures. We were able to purchase plants there as well so everyone went home happy.

Feel free to contact any of the committee: Ann (0210357406), Gail (021344070), Maree (0274963006), Moira (027498154), Monique (021646220), Sandi (0273184514)

Whenuapai Floral and Garden Circle



While the Garden Club is in recess for winter, it is worth mentioning the Birthday Lunch held recently at Huapai. The food, the conviviality and the service provided by the Huapai Golf Club apparently combined to make a very pleasant afternoon.

Special thanks to Pam and Judy for their planning of the event.

Unfortunately, my husband and I were unable to attend due to a prior appointment which required parking near Norwest Mall in an area which was previously free parking but has changed without our awareness of that fact. We only realised when the SEVENTY DOLLAR FINE arrived the following week in the mail. We had no idea things had changed. The parking down the lower end of Maki Street near Farmers had changed from free to pay a while back but who was to imagine the powers that be would change the rest? Surely some yellow paint on the space with a P could have been done to give a warning. So be aware, everybody.

With sadness, the passing of Colleen Nixon, a long serving member of the club was announced to members. The second of the Beaumont twins, after Betty Struthers, together over the years they had supplied many thousands of plants and seedlings to the Trading Table. The women belonged to the family that began Nga Rakau Nurseries and were also part of our Garden Club family almost from its beginning.

If you would like to know more about our Club, and wish to join us, please phone Judy Garrity on 8335592. Meetings are held at 1 p.m. at 41 Waimarie Road, Whenuapai Village, on the second Thursday of the month with trips usually on the fourth Thursday. Please note our next meeting is in September.

Until next time, happy gardening from Mary Anne Clark

How to Choose a Reliable Painter:

Start with the Bathroom

With so many painting companies out there, finding a reliable painter can be difficult. While online reviews and recommendations are helpful, they don't always tell the full story.

That's why we recommend starting small—by painting the bathroom first.

Although it's often the smallest room in the house, it's also one of the most demanding. Humidity, temperature changes, and mould make bathrooms the first place where paint problems usually appear. If a painter can achieve a durable, high-quality finish in a bathroom, it's a good indication of the quality you can expect throughout the rest of your home.

At Focus On Painting, we've completed hundreds of bathroom repaints using a professional system that focuses on proper preparation and long-lasting results.

As an added bonus, we are currently offering 15% off all interior painting work this winter. This includes bathroom painting, wallpaper removal and skim plastering, GIB stopping and plastering, and full interior repaints. You'll receive the same premium workmanship and quality Dulux and Resene products at a reduced price.

Start with the bathroom—it could be the smartest first step to a beautifully painted home.

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This is what we specialise in:

- Solving those frustrating drainage issues that cause decks to rot, create slippery hazards which send you skating, and allow slime and moss to take over your outdoor living areas. Whether it's overflowing gutters, blocked drains, or persistent ponding water, we'll find the cause and get it sorted.

- Is your hot water cylinder overflow dripping? Don't ignore it. A continuously dripping overflow pipe can waste a significant amount of hot water, causing your hot water cylinder to work harder and increase your power bill.

- Tiny home septic pump stations - we move Grannie's poos

Smart ways to save this winter:

- Fix small leaks early, they quietly add up fast on the power bill
- Slow drains are an early warning sign
- Know where your isolation valves are, quick shut-off can prevent serious damage
- Check outdoor taps, hot water overflows, toilets, and



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South Head's native project



A six-year journey has ended for South Head's Anne and Andy Holst, the latest nursery to join Kaipara Moana Remediation (KMR) whānau. The farming couple, who work in travel and agricultural contracting, began their

nursery in 2020 and met criteria to grow native plants helping reduce sedimentation and siltation in Kaipara Harbour. The nursery sits on their 60ha farm 16km from Parakai and, while new to the sector, fits alongside their Aotea Angus stud of 30 breeding cows, with bulls sold annually. Encouraged by Te Awamutu friends with an established nursery, they have planted 120,000 natives on an 11ha former forestry block.

"We source seeds locally," they say, using manuka and kanuka from nearby farms, roadside coprosma and 100-year-old Helensville flax. "It's a bit like children," Anne says. "You give them food, water and shelter and they grow." She adds the reward is seeing plants out on farms improving the environment.

The nursery supplies plants for riparian, wetland, shelter and revegetation projects. Rodney Local Board chair Guy Wishart praised the knowledge at a community open day, while KMR's David McDermott said South Head's sand country is a key catchment area and local plants give landowners the best survival rates.

On KMR-supported 135ha Kaipara Hills farm, Geoff and Hayley Clayton faced major slip damage in 2023 after 185mm of rain in five hours on Auckland Anniversary weekend, followed by Cyclone Gabrielle two weeks later. Their KMR "Navigator" plan enabled fencing waterways, retiring steep land and planting, including 20km fencing and 60,000 trees (53,000 natives, 7,000 blackwoods). Comvita gifted 2,000 manuka, alongside 5,000 natives in 2022 and 1,000 funded via Forest Bridge Trust. About 1.5km fencing and raceways were destroyed but replaced. They aim to retire 80ha, plant 10,000 trees annually for five years, leaving 47ha pasture and running 90 beef cattle.

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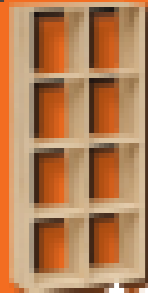
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\$118

SBU: 200468

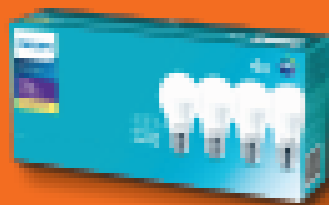
Nouveau
 Essence 2x3 Organizer Cube H: 812 mm, W: 318 mm, D: 267 mm Oak



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SBU: 2001816

Phillips
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Home & Garden

Winter DIY projects to tackle indoors



Cold, wet days are the perfect excuse to stay inside and finally tackle those home projects you've been putting off. This July, make the most of your time indoors with a few simple

DIY upgrades that can refresh your space and add real value. At Mitre 10 MEGA Westgate & Henderson, we're your local one-stop shop to help you get it done.

Freshen up with paint

A new coat of paint is one of the easiest ways to transform a room. Whether you're brightening up your walls or going for a warmer, more cosy tone, we've got the colours and tools to match. Winter is a great time for indoor painting - just allow a bit of extra drying time and keep airflow in mind.

Get organised

Winter is ideal for decluttering and improving storage. Install shelves, update wardrobes, or add practical storage solutions to your garage or living spaces. From DIY materials to ready-made options, we've got everything you need to create a more organised home.

Upgrade your lighting

With shorter days, lighting plays a big role in how your home feels. Swap to warm LED bulbs or add lamps to create a softer, more inviting atmosphere. It's a quick and affordable change that makes a noticeable difference.

Fix the little things

Take the time to tick off those small repairs - like fixing leaks, tightening handles, or stopping squeaks. These quick jobs are easy to complete and help keep your home in top shape through the season.

Start a simple feature project

If you're feeling motivated, try a small project like floating shelves or a feature wall. These are achievable over a weekend and can really elevate a room.

Your winter project starts here

Pop into Mitre 10 MEGA Westgate & Henderson this July and chat with our friendly team. We'll help you get everything sorted - so you can stay productive, warm, and inspired all winter long.

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Buy right, buy once



When buying a new mower, choosing based on price alone can be a costly mistake. While budget is important, selecting the right mower for your property will ensure better performance and long-term value.

Key factors to consider include the size and terrain of your lawn, the type of grass, your preferred power source, and whether you want to catch clippings or mulch them. With so many options available, finding the right fit can be challenging.

The team at Hibiscus Outdoors can help you compare the pros and cons of different models and recommend the best mower for your needs. With a wide range of push, self-propelled, robot and ride-on mowers in store, it's easy to explore your options. As an independent retailer, they focus on finding the right solution for you, not promoting a particular brand.

Visit the Hibiscus Outdoors team at unit 8, 30 Foundry Road, Silverdale, to discuss your requirements and to check out their 'wall of mowers'.



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Young Learners

Creating a home for native lizards at Waimauku Kindergarten

At Waimauku Kindergarten, our tamariki have been busy transforming part of our outdoor environment into a purpose-built lizard garden. This exciting project began when the children showed a keen interest in the wildlife that shares our kindergarten grounds and wanted to learn more about how they could help protect and support native creatures.

From concept to creation, our tamariki have played a leading role in every stage of the project. They began by drawing detailed plans for the garden, sharing their ideas about what a lizard-friendly habitat might need. Through discussion, research, and hands-on exploration, they learned about the importance of shelter, warmth, food sources, and protection from predators. Together, they used this knowledge to help design a space that will support native skinks and other local wildlife.

As the garden has taken shape, children have been actively involved in digging, planting, moving materials, and creating sheltered spaces for lizards to thrive. Along the way, they have developed an understanding of biodiversity, conservation, sustainability, and kaitiakitanga - our responsibility to care for the natural world. They have also strengthened their skills in collaboration, problem-solving, communication, and perseverance as they worked together to bring their

ideas to life. This project forms part of our ongoing commitment to the EnviroSchools programme and our journey as a kindergarten that values environmental stewardship and sustainability. Through the support of our Kaitiaki Kindergarten Association, we have been able to participate in the Kaipātiki Project, providing meaningful opportunities for tamariki to learn about protecting native wildlife and restoring local ecosystems. Through real-life experiences such as this, children are discovering that their actions can make a positive difference to the environment and the creatures that call it home.

The lizard garden is just one example of the rich, child-led learning experiences that happen every day at Waimauku Kindergarten. We are incredibly proud of the creativity, teamwork, and dedication our tamariki have shown throughout this project.

If you would like to see more of what our kindergarten gets up to, we warmly invite you to come and visit. We would love to show you around, share our learning journey, and showcase the exciting opportunities our tamariki experience every day.





Spaces available

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Celebrating Matariki: A Time to Remember, Reflect and Renew

Matariki marks the Māori New Year in Aotearoa New Zealand and signals a season of reflection, celebration, and new beginnings. As the Matariki star cluster rises in the winter sky, it invites us to pause and acknowledge the past, appreciate the present, and look ahead with hope.

Made up of nine stars, each with its own significance and connection to the natural world, Matariki has traditionally guided planting, harvesting, and fishing, helping communities understand the rhythms of the seasons and their environment. Together, the stars remind us of the importance of whānau, wellbeing, food, freshwater, caring for our environment, and nurturing our hopes and aspirations for the future.

Today, Matariki is celebrated across New Zealand through festivals, storytelling, music, kapa haka, shared meals, and community gatherings. It offers an opportunity for people to deepen their understanding of te ao Māori and embrace the values at the heart of Matariki – remembrance, gratitude, and renewal.

At Gumboots, one of the highlights of our year – especially for our older tamariki – is our annual Matariki Disco. This much-loved event brings our whānau together to connect, share kai, and kanikani the night away. It is a special time to come together as a community, gaze

at the sparkling stars above, remember those who are no longer with us, celebrate the present, and share our dreams and aspirations for the year ahead.

In the lead-up to our celebration, our tamariki enjoy a variety of meaningful experiences. They create beautiful artwork inspired by Matariki, bake delicious treats to share with friends and whānau, and help prepare and plant our gardens for the season ahead. Through these activities, they develop a deeper connection with nature, express their creativity, and gain an appreciation for the traditions and values that Matariki represents.

Above all, Matariki reminds us of the importance of togetherness, reflection, and hope. It encourages us to celebrate how far we have come, cherish the people around us, and look forward to the future with optimism and gratitude.

How will you and your whānau be celebrating Matariki this year?



Aged care

Winter is the perfect time to get your gear checked

Winter often means spending a little more time indoors, making it the perfect opportunity to give your mobility equipment the attention it deserves. At Kiwi Rehabilitation, we're here to help keep you mobile, comfortable, and confidently independent all year round.

Whether you're looking for a new mobility solution, need repairs or servicing, want to hire equipment during recovery, or are searching for a more budget-friendly option, our experienced team is ready to help.

Did you know we buy and refurbish pre-loved mobility equipment? By giving quality products a second life, we're helping make mobility solutions more accessible while reducing waste. If you have equipment you're no longer using or you're considering an upgrade, we'd love to hear from you.

From mobility scooters and wheelchairs to lift chairs, walkers, walking sticks, and daily living aids, we offer a wide range of products available for both hire and purchase.

Winter is also an ideal time to stay on top of maintenance. If your equipment needs a little TLC, our skilled technicians can help with everything from routine servicing and battery replacements to tyre repairs, faulty lights, and more complex repairs. Taking care of small issues now can help keep your equipment running safely and reliably when you need it most.

No matter where you are on your mobility journey, you can count on the friendly team at Kiwi Rehabilitation for expert advice, quality products, and personalised support.

Get in touch with us today or visit our website to learn more. Because at Kiwi Rehabilitation, "He Tangata - it is people", and people will always come first.

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Aged Care

Grey Power elects David Marshall as National President



Grey Power NZ Federation has elected David Marshall as its new National President, with the experienced Grey Power leader calling for a stronger national voice for senior New Zealanders as the country faces major debates over retirement income, healthcare, housing

and the cost of living.

Marshall was elected at Grey Power's annual meeting following more than a decade of service within the organisation and extensive leadership experience in community advocacy, local government and the private sector. "Grey Power has a vital role to play in ensuring the voices of older New Zealanders are heard by politicians, policymakers and the wider community," Marshall says.

"I am passionate about building a stronger, more sustainable organisation that can continue to advocate effectively for older people in a rapidly changing environment. We must ensure Grey Power remains the recognised and respected champion for senior New Zealanders." Marshall says one of the most significant issues facing Grey Power during his presidency would be the growing debate over the future of New Zealand Superannuation. "Decisions made over the next few years could have profound implications for both current and future retirees. Grey Power intends to be at the forefront of that discussion and ensure the views of older New Zealanders are heard.

"This debate is already underway within Grey Power, and I encourage all those 50+ year olds approaching

retirement to join their local association so they too can contribute their views on what sustainable retirement income should look like." He says Grey Power will also focus on growing membership, improving member services and continuing to modernise the organisation's systems and processes.

"Research shows there is strong support for Grey Power's mission among older New Zealanders who are not currently members. We need to better connect with those people and demonstrate the value of collective advocacy on the issues that matter most to seniors."

Having served as Grey Power's National Vice-President since 2023, Marshall has played a leading role in strengthening the organisation's advocacy, modernising its communications and improving its public profile.

He joined the Tauranga and Western Bay of Plenty Association in 2015, serving as vice-president for more than seven years before being elected to the national board as a zone representative in 2020. He currently chairs Grey Power's retirement income and taxation portfolio and the organisation's marketing committee.

Marshall is spearheading the development of a pilot project for older retirees currently unable to downsize from three-to-four bedroom homes in their local community, due to lack of access to bridging finance.

Before retiring to the Bay of Plenty, Marshall enjoyed a diverse career spanning education, healthcare marketing and consulting, including senior international roles in New Zealand, Australia and Germany. He served as a district councillor, hearings commissioner, community trust leader and volunteer mentor. Marshall will be supported by the Grey Power board comprising Carolyn Bates, Nerrily Frith, Lew Findlay (treasurer), Terry King, Bill Obers, Graeme Peters (vice president), and Margaret Sole (national secretary). Grey Power New Zealand represents tens of thousands of older New Zealanders through its nationwide network of local associations. The organisation advocates on issues including retirement income, healthcare, housing, transport, energy costs and the rights and wellbeing of older people.

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Aged Care

Celebrating King's Birthday at Craigweil House

Residents and staff at Craigweil House Home & Hospital recently came together to celebrate King's Birthday with a festive afternoon filled with fun, music, and delicious treats.

Our dedicated staff put in a wonderful effort decorating the facility with themed decorations, helping to create a warm and celebratory atmosphere for everyone to enjoy. Residents were also treated to a special afternoon tea featuring a selection of tasty goodies prepared for the occasion.

The celebration was made even more special as it coincided with our regular Happy Hour. Residents enjoyed relaxing with friends while listening to live music from Joe Fingers, who entertained everyone with a fantastic selection of familiar songs. Many residents sang along, tapped their feet, and shared happy memories inspired by the music.

It was a wonderful afternoon of celebration and companionship. Thank you to our staff for organising the event and to Joe Fingers for providing fantastic entertainment.

Come and have a look at what we have to offer, meet our friendly team, and see firsthand the activities, care, and companionship that make Craigweil House a special place to call home. We would be delighted to show you around.

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Health & Beauty

Support Ageing Skin Today



Sarah Tumulty - Functional Skincare Practitioner. SWAN Skin Wellbeing & Nutrition - Kumeu

Many people believe that once wrinkles, thinning skin and loss of firmness appear, there's little that can be done. The truth is that while ageing is a natural process, the skin has an incredible capacity to respond when given the right support.

As we age, our skin naturally becomes thinner and produces less collagen and elastin. Hormonal changes, sun exposure, inflammation, stress and lifestyle factors can all contribute to fine lines, dryness, loss of radiance, slower skin repair and changes in facial volume. One of the biggest misconceptions about ageing skin is that it is only influenced by the products we apply. In reality, factors such as nutrition, gut health, inflammation, stress, sleep, hormones and sun exposure can all influence how our skin ages. Supporting these foundations can help the skin function more effectively and maintain its resilience over time. Not all skincare works in the same way. As skin ages, its ability to repair and renew can slow. This is why I focus on ingredients that support skin function, such as retinaldehyde (a gentle yet effective form of Vitamin A), growth factors found in StemFactor to support skin repair, and liposomal delivery systems that help beneficial ingredients reach where they are needed most. Professional treatments can further support skin vitality. RevitaPen infusion treatments enhance ingredient delivery, while

Exosome Infusions help support skin renewal and repair. Liposomal Infusions use advanced delivery systems to help key ingredients penetrate more effectively where they are needed most. For those experiencing loss of facial volume, my Fat Pad Support Protocol helps nourish and support the skin's structure from inside. Most importantly, it's never too late to start. Healthy ageing isn't about looking younger—it's about helping your skin remain healthy, strong and radiant at every stage of life. To learn more, book a Skin Consultation or Skin Analysis appointment and discover how an inside-out approach can support your skin at any age.

Meet Carla from Zash Hair



Welcome to Zash Hair, where beautiful hair, personalised service, and a friendly salon experience come together. At the heart of Zash Hair is Carla, a passionate and dedicated hairdresser who loves helping her clients look and feel their absolute best.

With years of experience in the hair industry, Carla is committed to creating styles that suit each client's individual personality, lifestyle, and hair goals. Whether you're looking for a fresh cut, stunning colour, a complete transformation, or simply some professional hair advice, Carla takes pride in delivering exceptional results and ensuring every visit is enjoyable and relaxing. When she's not in the salon, Carla enjoys an active lifestyle and has a real passion for

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Health & Beauty

fitness. She loves weight training, attending spin classes, and embracing all aspects of health and wellbeing. Family is also incredibly important to her, and she treasures spending time with her two boys, Zack and Ash. Together they enjoy making memories, exploring new places, and enjoying holidays whenever possible.

Carla is also happiest by the water, spending time at the beach, soaking up the sunshine, and enjoying the outdoors with family and friends. At Zash Hair, we are incredibly grateful for the loyalty and support of our wonderful existing clients. Your continued trust means the world to us. We are also excited to welcome new clients to the salon and invite you to experience the warm, professional service that makes Zash Hair such a special place.

We look forward to seeing you in the salon soon.

Zash Hair, 77 Waitakere Road Waitakere Ph- 021814663

Confused about skin? Start here

If you have ever looked at your skin and thought, "I'd love to improve this, but I have no idea what treatment I actually need," you are not alone, and we'd love to help. Skincare and skin treatments often feel overwhelming. There are endless products, devices and marketing claims, making it hard to know what is genuinely right for your skin. At

Restore Cosmed, our role is to help you cut through the confusion and make a clear, safe and evidence-based plan.

Restore Cosmed is your local doctor-led skin and laser clinic, based in Huapai and led by Dr Cherie, an award-winning cosmetic medicine doctor and national trainer. Our approach is warm, approachable and never intimidating. You do not need to know what treatment you need before booking.

Every treatment journey starts with understanding. In your consultation, we take time to listen, assess your skin properly, explain what is happening, and talk you through suitable options. From there, we develop a plan that works for you and your goals, with clear advice and realistic expectations.

One of the things our patients value most is continuity of care. At Restore Cosmed, you know who you are seeing and who is taking care of you. We get to know your skin, your goals and your preferences over time, so your care feels personal, considered and never one-size-fits-all.

If you have a skin concern, we encourage you to reach out. We commonly help with redness, pigmentation, sun damage, acne, rosacea, melasma, scarring, texture, general skin health, ageing well, unwanted hair, tattoo removal, hair restoration, skin checks and more.

We are currently running 25% off laser packages this month. So if you've been on the fence, let this be your sign to come in for a consultation. Restore Cosmed is located at 20 Matua Rd, Huapai. Book at www.restorecosmed.co.nz.

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Is your skin feeling the change of season?



As winter settles in, you may notice your skin beginning to feel drier, tighter or more sensitive than usual. Cooler temperatures, wind, indoor heating and long hot showers can all affect the skin's natural protective barrier, meaning the products and routine that worked well during summer may no longer be giving your skin what it needs.

At lovesoul beauty & spa studio, we believe winter skincare is not simply about applying a heavier moisturiser. It is about understanding what is happening within your skin and choosing treatments and products that help restore hydration, comfort and resilience. A professional facial can provide a much-needed boost during the colder months, while also giving your therapist an opportunity to assess any seasonal changes in your skin. Small adjustments to your home routine - such as using a gentler cleanser, adding extra hydration or introducing a nourishing facial oil can also make a noticeable difference.

Winter is often a season when we naturally slow down, making it the perfect time to give your skin and body some extra care. Whether that means booking a relaxing facial or massage, reviewing your skincare routine, or simply creating a few more moments of rest at home, looking after yourself does not need to wait for a special occasion. The team at lovesoul is always happy to help you choose treatments and products suited to your

individual needs.

lovesoul beauty & spa studio. 09-411 5226- Waimauku Village. Book online at lovesoul.co.nz

Ask Dr. Heather



Someone told me to wait until winter before booking a chemical peel. Is that true? Anon, Huapai.

Mostly, yes. The cooler months can be a good time for certain skin treatments, but not because there is anything magical about the season. The main reason is sunlight. Treatments such as chemical peels can make the skin more sensitive. Winter usually means less intense sun exposure and fewer long days outside, which can make aftercare easier, however that does not mean you can forget sunscreen. We all need daily SPF, especially after treatments that affect the skin barrier. Winter light may feel softer, but UV exposure doesn't disappear just because the weather is cold.

I also find winter a useful time to reset the skin. Many people come in with dullness, congestion, uneven texture, pigmentation or dryness that has built up over time. A carefully chosen chemical peel can help refresh the skin surface by stimulating regeneration of baby skin cells.

So yes, the advice has truth behind it. Winter can be a good window for skin treatments such as chemical peels because the timing often suits recovery with less time spent outside. It should not however be treated as a seasonal sales push by injectors. The right treatment still depends on your skin, your goals and what your skin can safely tolerate. If you are unsure, start with a consultation with an injector you trust. A good plan should feel measured, not rushed.

Dr. Heather Anderson is a Cosmetic and Emergency Doctor who practises in her own clinic at ALLOR Cosmetic Medicine in Whenuapai and features in the All or Nothing Podcast where she discusses self-worth and other aspects of cosmetic medicine (available on Spotify, Youtube and iHeartRadio). If you have a question you would like answered anonymously, email askdrheather@allor.co.nz

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Area Columnists

More investment in Upper Harbour's schools



By Cameron Brewer - MP for Upper Harbour

It was a pleasure to welcome the Minister of Education, Hon Erica Stanford, to Upper Harbour recently to see firsthand the growth challenges our area and local schools face.

At Scott Point School, the Minister announced another 10 classrooms,

on top of the 10 nearly completed. Principal Pam King and her team welcomed us and took us around through their fast-growing campus. As part of the Minister's latest school property boost, Upper Harbour will receive 20 new classrooms in total, including more classrooms for Massey Primary School and much-needed upgrades for Massey High School.

This is welcomed investment in our growing community, making sure schools have the facilities they need as more families move into the area. What's more, by using more standard and modular builds, we can deliver these classrooms faster and at lower cost, making every dollar go further.

Making the most of the Minister of Education's visit last month, I also hosted another local Principals' Forum in my electorate office which saw a range of issues discussed with our local primary and secondary school leaders. Then later, we joined new principal John Hunt and

establishment board chair Erica Wills at Te Pae School (pictured). The brand-new primary school, just off Fred Taylor Drive near Westgate, will open for term one 2027.

It's outstanding to see significant investment in our local schools by this Government.



Greenhithe Morning Tea

Hosted by Hon Cameron Brewer MP for Upper Harbour
Guest speaker Hon Chris Penk

Friday 17 July, 10am
Greenhithe School, Isobel Road, Greenhithe

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Authorised by C Brewer, Parliament Buildings, Wgtn.

Have you got a hazard register?



A hazard register is a vital tool for any business because it provides a structured way to identify, assess, monitor, and control workplace hazards. It acts as a central record of risks that could cause injury, illness, property damage, environmental harm, or business disruption. By

maintaining an up-to-date hazard register, organisations can proactively manage risks rather than simply react after an incident.

The register helps businesses meet their legal obligations under New Zealand health and safety legislation by demonstrating that hazards have been identified and appropriate controls have been implemented. It also supports safer decision-making, improves communication between management and workers, and encourages a stronger safety culture throughout the organisation. Regular reviews of the hazard register ensure that new hazards are identified, existing controls remain effective, and changes in work processes, equipment, or environments are properly managed.

A well-maintained hazard register can reduce workplace accidents, minimise downtime, lower costs associated with injuries and insurance claims, and improve employee confidence and productivity. It also provides valuable evidence during audits, investigations, and compliance assessments.



Businesses must now have an effective Health and Safety culture with an ever-increasing personal liability for Business Owners, Managers, and exposure for Company Directors, Trustees, and members of Governing Entities.

Contact Securo's John Riddell, phone 0274 779 750, for practical advice, tools, and solutions for an effective workplace Health and Safety plan.



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Securo Health & Safety NZ can help businesses develop, implement, and maintain effective hazard registers as part of a broader health and safety management system. Securo provides tailored health and safety solutions, workplace audits, risk assessments, and face-to-face consulting services designed to meet the unique needs of New Zealand businesses. Their experienced consultants work alongside organisations to identify workplace hazards, assess risk levels, establish practical control measures, and ensure ongoing compliance with health and safety requirements. Securo also offers customised health and safety manuals, templates, audits, and ongoing support to help businesses continuously improve their safety performance and maintain a safer workplace for all employees.

For more information and advice, contact Securo's John Riddell, email securo4@securo.co.nz, or check out www.securo.co.nz

Community groups get funding boost across Tāmaki Makaurau



Auckland Council grants are backing community-led projects across climate resilience, sport, events, and environmental restoration. Funding will help communities get emergency-

ready, build stronger local connections, support active lifestyles, and protect Auckland's natural environment. From community events to conservation projects and new sports facilities, the grants are empowering communities to lead positive change across Auckland.

Auckland Council is putting communities front and centre with investment through grants into projects supporting everything from emergency preparedness to environmental restoration and youth events. The latest round of council grant funding reflects the enormous role community organisations play in shaping the lives of Aucklanders. These grants support the people really doing the mahi, whether that's preparing neighbourhoods for emergencies, restoring local ecosystems, helping tamariki get active, or creating events that bring communities together.

Leading the latest funding announcements is more than \$1.7 million through Te Ara Urutau - Climate and Emergency Ready Fund. More than 70 community organisations will receive support for projects focused on emergency readiness, climate adaptation and reducing greenhouse gas emissions.

Eight sports organisations have received a major boost through the Sport and Recreation Facilities Investment Fund to help build and upgrade sporting

infrastructure across Auckland. At the grassroots level, another \$508,000 is being invested through the Sport and Recreation Regional Programme Grant. That funding will support initiatives including sports programmes for disabled tamariki, water safety education and recreation opportunities aimed at getting more Aucklanders active, more often. Regional events are also set to light up the city, with Auckland Council allocating \$125,000 to support seven major events across the region.

The natural environment will also benefit through the Regional Environment and Natural Heritage grants programme.

For more details go to ourauckland.aucklandcouncil.govt.nz and search 'Boost funding'.

From creative paralysis to full-time pro: Loyal's sound journey

Despite graduating with a degree in Audio Production, Loyal Henwood entered the workforce feeling completely stuck. Hit by crippling imposter syndrome and heavy pressure to prove a creative career was sustainable, he faced severe creative paralysis. He couldn't even bring himself to make beats for fun, feeling entirely lost despite his years of study. Everything shifted when



Loyal connected with Crescendo and was paired with mentor David Atai. Immersed in a practical, "no bullshit" studio environment, Loyal gained rare access to professional-grade equipment and step-by-step industry workflows.

Beyond mastering the technicalities of mixing and podcast production, observing Atai's enduring hunger to learn inspired Loyal to drop his guard. He stopped hiding his lack of knowledge, actively started asking questions, and realised that small details create the biggest professional shifts.

The turnaround was massive. Crescendo helped Loyal rebuild his confidence and emotional wellbeing, securing him paid contract gigs that bridged the gap to the real world. Today, Loyal has left his bartending job behind and is working full-time in the industry at AV Media.

Crescendo operates as an innovative social enterprise, pouring commercial studio profits right back into the community to uplift the next generation of talent, and using music to engage marginalised and disconnected rangatahi/young people, and empower them with industry skills and experience and see them carve their own meaningful pathways in the world. Crescendo Studio specialises in audio recording, sound design, music production and a dedicated audiobook and podcast studio. Profits fund Crescendo's Youth Programmes:

5 ways we support 20

Your West Innovation Fund

Major grants to seed or scale innovation initiatives with high community impact.

thetrusts.co.nz The Trusts

To learn more about the funds and which one fits your requirements, please visit thetrusts.co.nz

music mentoring, content creation and wellbeing courses for rangatahi aged 15-24. Contact us today! info@crescendo.org.nz or visit our website: crescendo.org.nz

Distance Families:



When grandchildren speak a different language from their grandparents

When expat or immigrant parents come from different linguistic and cultural backgrounds, they must decide early on which language(s) to

use at home - and importantly, whether these include the grandparents' language(s). Who will speak what, where and to whom? This practical consideration can generate much soul-searching.

Let's consider the scenario where the native language of the grandparents is not the primary language of their grandchildren. Despite the many honourable and valid reasons for retaining the grandparents' language, there are times when it has to be reluctantly dropped. For example:

The parents believe that if children learn more than one language simultaneously, they won't learn either one properly. Experts argue against this.

The child dislikes learning and might go as far as putting their hands over their ears when a grandparents' language is spoken.

A parent who speaks the grandparents' language travels with work so much that they simply aren't home enough to teach the children.

The parents find themselves losing their native language and struggle to pass it on.

When the only language spoken by distance grandparents is a 'put-to-one-side' language - one they don't share with their grandchildren - it becomes extremely difficult for those relationships to truly flourish.

Speaking as a monolingual, foreign-language-challenged kiwi distance parent and grandparent, I would rather contend with every geographical hurdle we face - time zones, travel miles, opposite seasons, daylight saving and the International Date Line - than have any member of my family primarily speak a language I do not understand. Without that shared language, connecting from afar is so hard.

Helen Ellis is a Hobsonville Point researcher, anthropologist and veteran of Distance Parenting & Grandparenting. Helen is the Founder of DistanceFamilies.com and author of 'Being a distance grandparent', 'Being a distance son or daughter' and her latest edition, 'Being a distance grandchild'.

Taking your dog for a walk, cleaning up after - it's the law



Auckland Council Dog Management Bye Law 2019

Dog faeces (1) (2) (3) When in a public place or premise, dog owners must ensure the immediate removal and disposal of their dog's faeces. This must be done in a way that does not cause a nuisance.

Every person who commits an offence under this Bylaw is liable to a penalty (\$300) under the Dog Control Act 1996 and the Local

Government Act 2002.

Auckland Council is rolling out our new signs as budgets allow.

The dangers to children and public health

Dog waste poses health risks to humans and other animals, particularly because it can harbour dangerous pathogens that threaten both individual and public health. Research has identified harmful bacteria such as MRSA (Methicillin-resistant staphylococcus aureus), enterococci, E. coli and salmonella, as well as parasites including roundworm and Giardia in dog faeces samples.

Image credit Fredrik Öhlander at Unsplash

Auckland dogs go green for the 2026/27 registration season



Dog registration continues through July and must be completed by 1 August to avoid late fees. Registration helps keep dogs and communities safe - support responsible dog ownership and fund essential animal management services across Auckland. This year's green registration tags will once again make it easy to spot registered dogs out and about, whether they're strutting through

the local park, snoozing at a café or chasing tennis balls at the beach.

With more than 132,000 dogs now living across Auckland, registration is one of the simplest ways owners can help keep their pets and communities safe. It helps reunite lost dogs with their families faster, supports animal

management services across Auckland and promotes responsible dog ownership.

Last year nearly 90 per cent of dogs known to Auckland Council were registered, with Labrador retrievers remaining the region's most popular breed, followed by Staffordshire Bull Terriers and Border Collies. Most dog owners are doing the right thing, and registration is one of the simplest ways to show your dog is cared for, identifiable and part of a safer Auckland. The green tag is a visible reminder that your dog is registered and protected.

Dog owners can renew online through myAUCKLAND using their 11-digit reference number. Owners will have received a reminder by email, text or post from mid-June, and tags will be mailed within 10 working days of payment. Owners are also reminded that dogs must be microchipped within two months of registration. Auckland Council offers low-cost microchipping through its animal shelters from July.

For more information or to register, visit aucklandcouncil.govt.nz and search "renew your dog's registration". Here you will find details of registration fees for 2026/27.

Photo credit Bjorn Agerbeek at Unsplash

Free mini golf these school holidays at NorthWest



Monday 6 July - Sunday 19 July

10am - 4pm daily

All ages welcome

Swing into the fun at NorthWest Shopping Centre with FREE Jungle Putt Adventure Mini Golf these school holidays. Bring the kids, challenge your friends, and enjoy a great day out for the whole family.

Find Jungle Putt Adventures in Centre Court, right in front of Customer Services.

For full details, visit northwestshoppingcentre.co.nz

Some Massey history

In July, the Kereru Massey Scout Group, which has a Scout Hall behind our hall, will be holding a Quiz night in our hall.

Many people are probably unaware that the Kereru Massey Scout Hall has not always been situated behind the Massey Birdwood Settlers Hall. In fact many will be unaware that the hall used to be the Henderson RSA Hall in Railside Ave many years ago.

When the hall was first used by the Scouts, it was situated further along Redhills, where the first bend is in Redhills



Road and the entrance to Massey Primary.

The hall was moved to its present site in the early 1980's and one of our members, Allen Davies, who at the time was very active in Massey, not only as a Massey Birdwood Settlers Association committee member, but also as a member of the Massey Lions and as a Scout leader.

Here is a photo of Allen helping rest the Scout Hall on its then new foundations.

If you would like to use the Massey Birdwood Settlers Hall, at the corner of Don Buck and Redhills Road in Massey, as the venue for your activity, contact John Riddell at masseybirdwood@gmail.com.

Happy Hobbys' Playgroup

Our Hobsonville Point playgroup meets at the Headquarters Building every Wednesday during school term from 9.30-11am and is for babies through to pre-schoolers and their caregivers. The playgroup involves music, free play, and interactive activities. There is currently no charge.



Happy Hobbys' Playgroup

Proudly supported by

CONNECTED NEIGHBOURHOODS

Every Wednesday
9.30am - 11am
(during term time)

Headquarters Building,
234 Bockley Ave, Hobsonville

Surf Life Saving NZ announces Northern Region Award finalists



A full list of finalists in each award category is at the bottom of this media

release.

The finalists have been announced in the 2026 Surf Life Saving New Zealand Toyota Financial Services Northern Region Awards of Excellence, with lifeguards from Waikato, Auckland, and Northland set to gather at Shed 10 in the Auckland CBD on Saturday 4 July for a night recognising the best of a demanding and, at times, extraordinary season.

It has been one of Northern Region's most challenging seasons in recent years, with west coast clubs in particular managing patrolling in an environment of relentless surf and fast-changing conditions. This drove multiple rescues and pushed some patrols to their limits, with Raglan alone accounting for a disproportionate share of national rescues and callouts. On the East Coast, beaches from Takapuna north remained consistently busy, with high public visitation and heavy preventative workloads even on calmer days.

The season was also marked by a significant rise in after-hours and high-risk activities. Rock fishing, bar crossings, and net fishing accounted for the majority

of coastal fatalities that lifeguards responded to in the region. Critically, none of the six fatalities near patrolled beaches occurred during patrol hours, highlighting the important work surf lifeguards do in keeping Northern Region beaches safe.

Across the season, Northern Region lifeguards saved 332 lives, with a further 473 people assisted to safety. Patrols carried out 24,751 preventative actions, helping 174,242 beachgoers return home safely. Surf lifeguards in the Northern Region contributed almost 65,000 volunteer hours across the season and were called on for 106 after-hours search and rescue operations. Guards attended 102 major first-aids and 511 minor first-aids, and conducted 73 searches.

Amid periods of high pressure, the season demonstrated how far Northern Region's capability has come.

"This has been a season that asked a huge amount of our people, and they delivered," says SLSNZ Northern Region General Manager Zac Franich. What stood out wasn't just the rescues, it was the prevention work happening every day on the sand, the patrols moving flags at the right moment, engaging early, and stopping incidents before they escalated. It was the volunteers across the surf lifesaving movement, from sport, to administration, to operations, and administration. These are the people whose sheer commitment comes together to keep our clubs ticking.

"Behind every rescue, every SAR training, every patrol, every lifesaving sport carnival, is someone who has given up weekends and holidays to be there. The Awards of Excellence is our chance to step back and recognise the individuals and clubs who have made an exceptional contribution this season. There is a lot to celebrate, and we're looking forward to doing that justice on 4 July," he says.

Surf Life Saving Northern Region is the largest of New Zealand's surf lifesaving regions, covering Auckland to the Far North and as far south as Raglan. This season, 18 clubs within the region patrolled across 25 beach locations.

In the sporting arena, the Supreme Sport Award, Open Sportsperson of the Year, and Team of the Year will recognise achievements at the highest competitive level of lifesaving sport excellence.

Tribute will also be paid to those with long-standing commitment to the movement through service and distinguished service recognition.



Digital Seniors Hobsonville Hub

Are you a senior who would like some help with your digital device? Our friendly volunteers are available to provide you with free one-on-one help to learn how to do what you'd like to do with your phone, laptop, tablet or other device.

Find us at Hobsonville Bowling Club every Tuesday afternoon (except public holidays). Just come along with your device or you can book by calling 0800 373646.

For more information, head to our website:

www.digitalseniors.co.nz or ph 0800 373 646

With thanks to Upper Harbour Local Board for supporting us to deliver this free service to our communities.

Next sessions are-

Tue 7 Jul 2026, 12:00pm-2:00pm

Tue 14 Jul 2026, 12:00pm-2:00pm

Tue 21 Jul 2026, 12:00pm-2:00pm



Connected Neighbourhoods

Our vision is to empower inclusive, connected, resilient and thriving communities, where everyone can belong. We are primarily focussed on serving the communities of the wider Hobsonville and Whenuapai areas as well as wider Auckland, especially the North West.

Our purpose is to grow inclusive, connected, resilient and thriving communities by addressing local needs and empowering impactful initiatives through shared spaces, partnerships, advocacy, social enterprise, and leadership that foster wellbeing and lasting community-led change.

We recognise that every person, family and community has a range of emotional, physical, social, educational and spiritual needs and that it takes a whole community, working together, and operating in its strengths, to help those needs be met.

We use the health & well-being model of 'Te Whare Tapa Wha' to guide our approach as we support and serve our wider community.

We also manage the Headquarters Building and Sunderland Lounge community facilities on behalf of Auckland Council and these are available to anyone and any group to hire that meet the terms & conditions of hire.

We coordinate the Hobsonville Emergency Response Group, Whenuapai Area Community Emergency Response Group and facilitate the NorthWest Community Emergency Readiness Network.

Our Trust was originally known as Hobsonville Community Trust and was founded back in 2012 by three local Christian churches that wanted to see the rapidly growing community empowered, supported, and advocated for. The Trust works with and supports people of all beliefs, ethnicities and backgrounds and provides a wide range of community networks, initiatives and events.

check out- <https://neighbourhoods.nz>

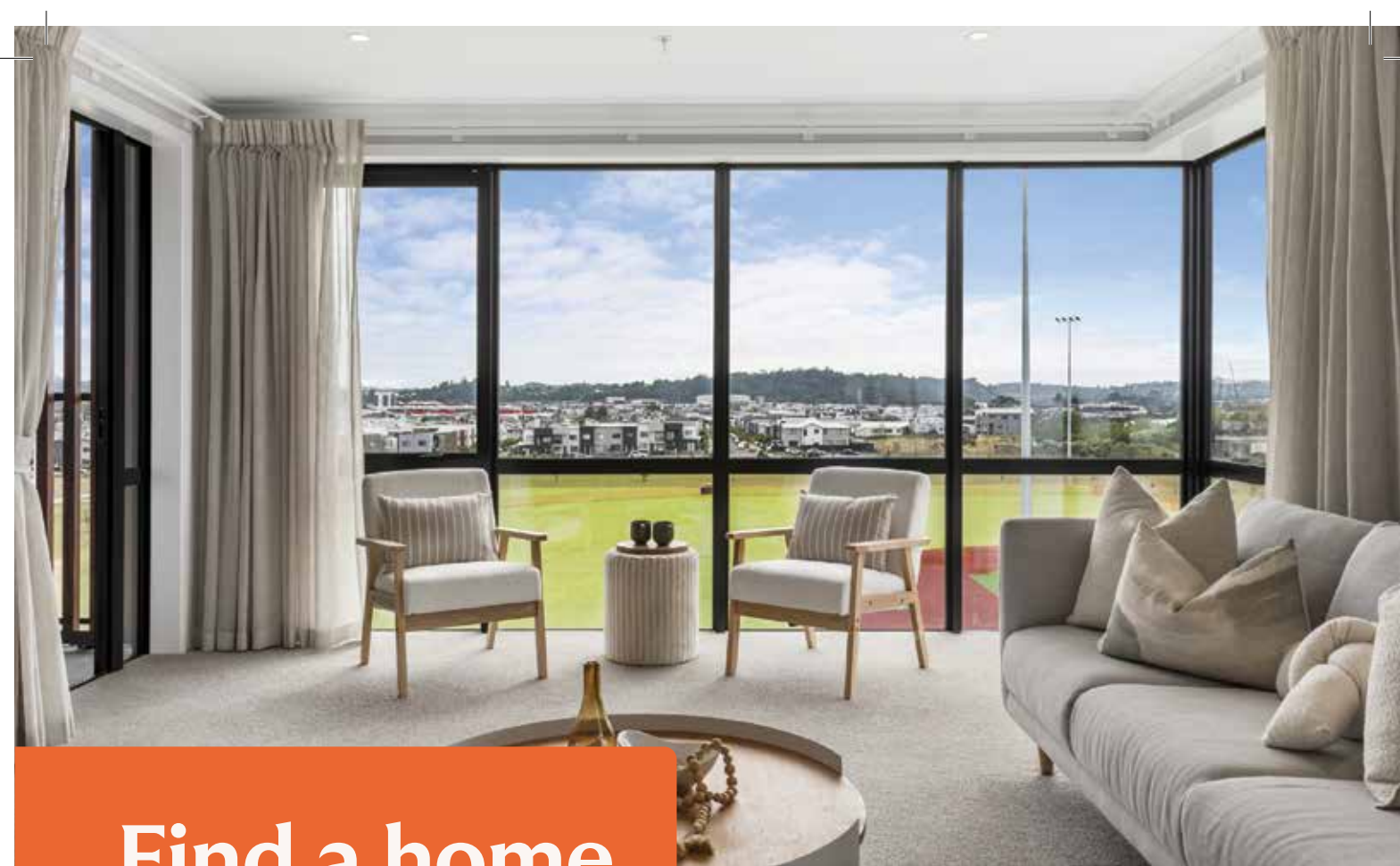
Office Hours -Located in the Headquarters Building 214 Buckley Avenue, Hobsonville 0616. Monday/Tuesday 8.30am - 3.30pm. Wednesday/Thursday 8.30am - 4.30pm (excluding public holidays and some holiday periods)

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Find a home you'll love

Set close to the beautiful Waitematā coastline and beside the wide green spaces of Te Kori Scott Point Park, Keith Park Village blends coastal calm with modern convenience in the heart of Hobsonville.

Our two and three bedroom homes have been thoughtfully designed with seamless indoor-outdoor flow, leading to a covered patio or balcony with views over Te Kori Scott Point Park, the Waitematā Harbour, or the beautifully landscaped gardens.

- Brand-new homes priced from \$669,000*.

*Reflects the lowest available price at time of publication. Availability and pricing subject to change.



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